

# TUTTLE

New Titles and  
Backlist Highlights

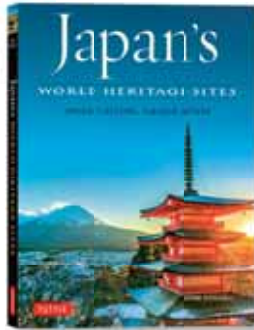
FALL 2020



# The Recent Publicity Highlights!

**Mad Kyoto Shoe Swapper...** page 02

“Books about Japan to watch out for in 2020.” —*The Japan Times*

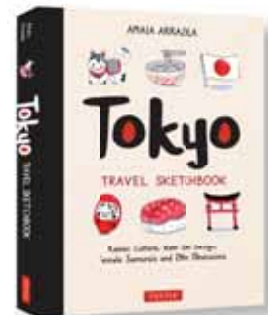


## Japan's World Heritage Sites

“Dougill’s language is clear and evocative, and provides a panorama of Japan for those who may never have seen any of these places.” —*Booklist*

**Tokyo Travel Sketchbook...**page 68

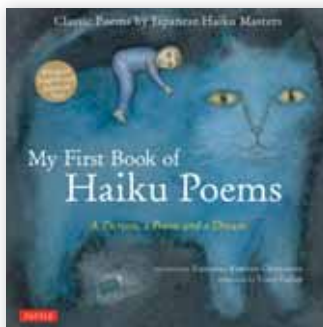
“Whether browsing sex shops, encountering pink coffee for the first time, or describing the scene at a five-seat izakaya, Arrazola is an amiable tour guide.” —*Publishers Weekly*



## The Complete Story of Sadako Sasaki and the Thousand Paper Cranes...

“In this middle-reader book, author Sue DiCicco and Sadako’s older brother Masahiro tell her complete story in English for the first time—how Sadako’s courage throughout her illness inspired family and friends, and how she became a symbol of all people, especially children, who suffer from the impact of war.” —*Asian Review of Books*

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- 2020 NCTE Notable Poetry Books and Verse Novels List

Page 97



**Asian Children's Favorite Stories**  
ISBN-13: 978-0-8048-5023-0

- Moonbeam Children's Book Award Gold Medal

Page 95



**Super Cute Origami Kit**  
ISBN-13: 978-0-8048-5078-0

- Moonbeam Children's Book Award Bronze Medal

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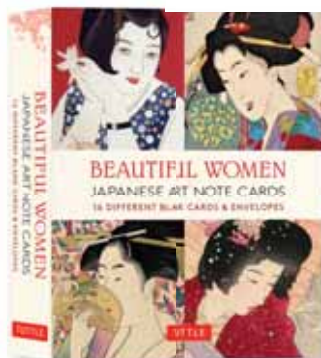
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### THE TUTTLE STORY "Books to Span the East and West"

Our core mission at Tuttle Publishing is to create books which bring people together one page at a time. Tuttle was founded in 1832 in the small New England town of Rutland, Vermont (USA). Our fundamental values remain as strong today as they were then—to publish best-in-class books informing the English-speaking world about the countries and peoples of Asia. The world has become a smaller place today and Asia's economic, cultural and political influence has expanded, yet the need for meaningful dialogue and information about this diverse region has never been greater. Since 1948, Tuttle has been a leader in publishing books on the cultures, arts, cuisines, languages and literatures of Asia. Our authors and photographers have won numerous awards and Tuttle has published thousands of books on subjects ranging from martial arts to paper crafts. We welcome you to explore the wealth of information available on Asia at [www.tuttlepublishing.com](http://www.tuttlepublishing.com).

**TUTTLE**

Tokyo | Rutland, Vermont | Singapore



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**“Ellery Queen clearly is, after Poe, the most important American in mystery fiction.”**

**—Otto Penzler, from *Detectionary*:**

***A Biographical Dictionary of Leading Characters in Mystery Fiction***

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**August**

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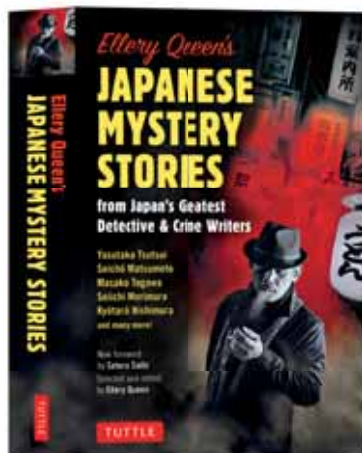
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## **Ellery Queen's Japanese Mystery Stories**

*From Japan's Greatest Detective & Crime Writers*

Compiled by Ellery Queen

Satoru Saito, foreword

*Ellery Queen's Japanese Mystery Stories* is a collection that is sure to delight lovers of great detective and crime fiction, true crime podcasts and documentaries. This book features a new foreword by Japanese detective fiction expert Satoru Saito, which places the stories within the context of Japanese society and modern Japanese literature.

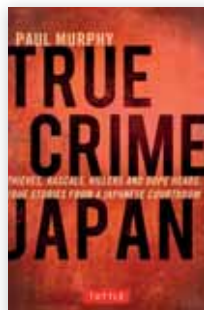
The 12 thrilling stories in this volume include:

- “The Cooperative Defendant” by Akutagawa Prize winner Seichō Matsumoto: After a man confesses to a killing, he retracts his confession and accuses the detectives of coercion.
- “Devil of a Boy” by Edogawa Rampo Prize winner Seichi Morimura: A schoolboy may still be very young but he is as sinister as the most hardened of criminals...or is someone else involved?
- “The Kindly Blackmailer” by Mystery Writers of Japan Award winner Kyōtarō Nishimura: A man involved in a fatal hit-and-run is blackmailed by a mysterious witness.

Ellery Queen was the pseudonym of Frederic Dannay and Manfred Bennington Lee, two cousins from Brooklyn who became America's most successful authors of crime and detective fiction in the 1930s and 1940s.

Satoru Saito is Associate Professor of Japanese Literature at Rutgers University. He has published articles on Edogawa Ranpo and Tsubouchi Shōyō and the book *Detective Fiction and the Rise of the Japanese Novel, 1880–1930*.

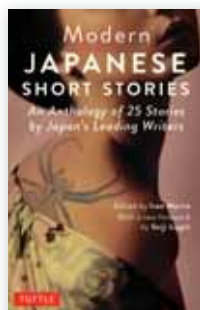
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**“Sean Michael Wilson is a comic book renaissance man.”**  
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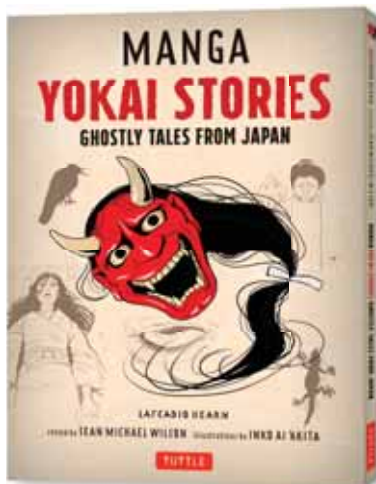
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[seanmichaelwilson.weebly.com](http://seanmichaelwilson.weebly.com)



## Manga Yokai Stories

*Ghostly Tales from Japan*

Lafcadio Hearn  
 Retold by Sean Michael Wilson  
 Inko Ai Takita, illustrator



This spine-tingling collection of seven Japanese ghost stories will thrill lovers of traditional Yokai fiction!

*Manga Yokai Stories* includes:

- “Nuke-kubi”: A masterless samurai is trapped in a house haunted by headless goblins.
- “The Screen Maiden”: A young man develops an obsession with a woman in a painting that almost kills him.

- “Corpse Rider”: A woman’s unburied corpse cannot rest until she has taken her revenge on the man who divorced her.

These classic Japanese ghost stories are based on those by famed author Lafcadio Hearn. Here, they are retold by award-winning comic book writer Sean Michael Wilson. His skillful adaptation of Hearn’s ghostly tales—along with superb manga illustrations from UK-based Japanese artist Inko Ai Takita—bring these chilling stories to life.

Lafcadio Hearn (1850-1904) became the great interpreter of things Japanese to the West. Hearn’s most famous work is a collection of lectures entitled *Japan: An Attempt at Interpretation*. His other books include *In Ghostly Japan* and *Kwaidan*.

Sean Michael Wilson has authored over 30 books. His adaptations include *The Book of Five Rings*, *Secrets of the Ninja* and *The 47 Ronin*. In 2017, his book *Secrets of the Ninja* won an International Manga Award from the Japanese government.

Inko Ai Takita, was born in Kyoto, Japan. After graduating from Kyoto Zokei University of Art & Design, she moved to England and studied at Central St. Martin’s College of Art & Design. More of her yokai and monster drawings appear in *Ketsueki* (Markosia, 2011) and *Tam O’Shanter* (Cranachan, 2019).



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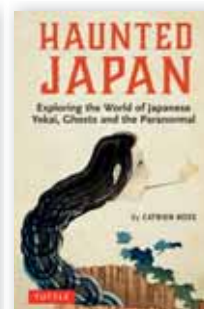
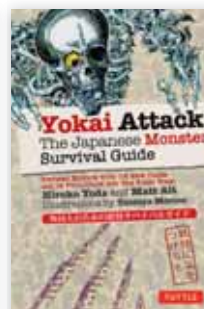
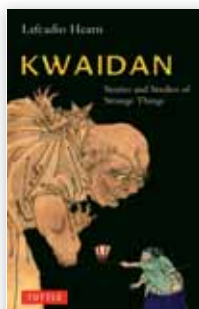
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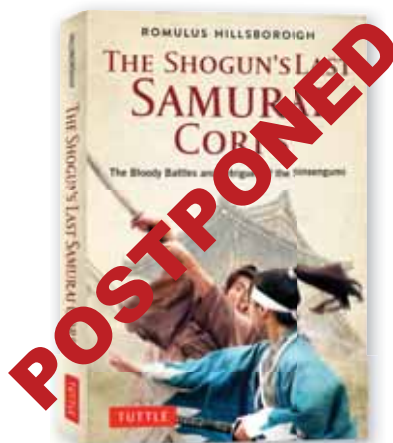
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- Outreach to history sites
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- Official author website:  
[www.samurai-revolution.com](http://www.samurai-revolution.com)



***“Power to them meant everything.  
It was founded on courage,  
which begot honor. And by  
this courage and for this  
honor they fought to the death.”***

## **The Shogun's Last Samurai Corps**

*The Bloody Battles and Intrigues of the Shinsengumi*

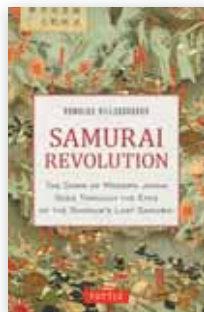
Romulus Hillsborough

*The Shogun's Last Samurai Corps* tells the thrilling story of the Shinsengumi—the legendary corps of Samurai warriors tasked with keeping order in Kyoto during the final chaotic years of the Tokugawa Shogunate. This book recounts the fascinating tales of political intrigue, murder and mayhem surrounding the fearsome Shinsengumi, including:

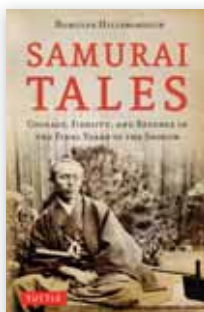
- The infamous slaughter at Ikédaya Inn where, after learning of a plan to torch the city, a group of Shinsengumi viciously attacked and killed a group of anti-Tokugawa plotters
- The bloody assassination of Serizawa Kamo, the Shinsengumi leader, under highly suspicious circumstances
- The final tumultuous battles of the civil war in which the Shinsengumi fought and died in a series of doomed last stands

Romulus Hillsborough appears frequently on TV and radio as an expert on Japanese history and culture, including *The History Channel* and *NHK* television. Fluent in spoken and written Japanese, he is the author of *Samurai Revolution* and *Samurai Tales: Courage, Fidelity and Revenge in the Final Years of the Shogun*.

### **By the Same Author:**

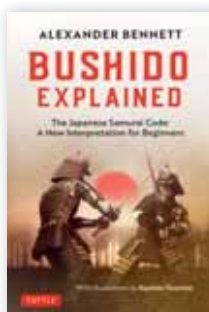


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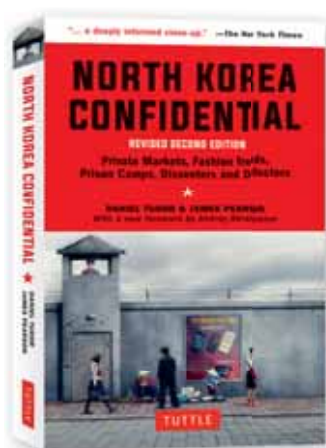
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## North Korea Confidential

*Private Markets, Fashion Trends, Prison Camps, Dissenters and Defectors*

Daniel Tudor  
James Pearson  
Andray Abrahamian, foreword

In this fascinating book, celebrated journalists and authors Daniel Tudor and James Pearson explore what daily life is like for ordinary citizens in North Korea.

Through interviews with experts and a wide range of sources—including members of Pyongyang’s ruling elite, defectors from different periods and regions, diplomats and NGOs, and cross-

border traders in neighboring China—Tudor and Pearson provide a startling new insider’s look at this secretive society.

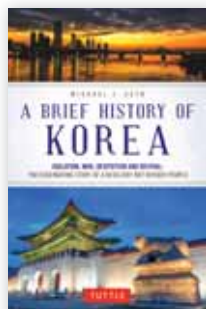
This new paperback edition is updated with an afterword by the authors that touches on Kim Jong-un’s recent meetings with Donald Trump and Moon Jae-in. While a new foreword by Andray Abrahamian—a member of the U.S. National Committee on North Korea—offers a detailed analysis of recent changes in North Korea’s political discourse, economic policy, and the rise and fall of optimism within the country since 2018.

Daniel Tudor served as *The Economist’s* Korea Correspondent from 2010 to 2013 and appears frequently as a commentator on Korea-related topics for the *New York Times*, *BBC*, *Al Jazeera*, and other print and TV news sources.

James Pearson is the Reuters Bureau Chief in Hanoi. He holds a BA in Chinese and Korean from the University of London’s School of Oriental and African Studies and an M.Phil in Oriental Studies from the University of Cambridge.

Andray Abrahamian is the 2018–19 Korea Fellow at the Asia-Pacific Research Center, Stanford University and is a member of the US National Committee on North Korea.

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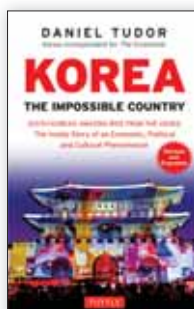


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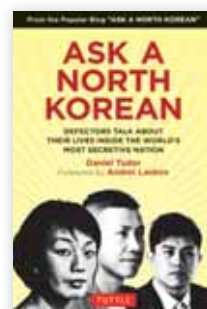


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**August**

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## Ultimate Bento

*Healthy, Delicious and Affordable:  
85 Mix-and-Match Bento Box Recipes*

Marc Matsumoto

Maki Ogawa

Hosts of the popular NHK World cooking show *Bento Expo*, Marc Matsumoto and Maki Ogawa share their bento-making expertise on the pages of this stunningly photographed cookbook. As an experience blogger and food consultant, Marc is ideally placed to help Western readers add a Japanese touch to their lunches with easy-to-find ingredients. As a Japanese mom of teenage boys, Maki is an expert in making simple yet delicious bento box combinations that can be put together easily every morning. Together they have created an accessible, authentic bento cookbook that everyone will enjoy.

*Ultimate Bento* is packed with practical techniques, step-by-step instructions, and useful tips for cooking and assembling 85 recipes that can be mixed-and-matched to make 25 nutritionally balanced bento box lunches. With each bento in this book costing under \$3 per serving, you and your family can save money while also eating healthier!

**Marc Matsumoto** is a professional chef, consultant and food blogger. Born in Japan, raised in Australia and the US, and now back in Japan, Marc is the host of the acclaimed NHK World television series *Bento Expo*.

**Maki Ogawa** is the co-host of *Bento Expo* and the author of *Yum-Yum Bento Box* and *Yum-Yum Bento Box All Year Round*. A working mom with two teenagers, Maki has been making bentos for her family every day for the last fifteen years.



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Everyday Bento

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Real Bento

ISBN-13: 978-4-8053-1577-4

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These fun, easy and delicious bento box recipes make it easy for anyone to make fabulous bento boxes—no special tools or containers required!



#### Miso Butter Chicken Bento by Mare

Shortly after coming to Japan, I moved up to Sapporo in the northern island of Hokkaido. Despite moving for half of the year, Hokkaido is the heartland of Japan, producing the majority of the domestic dairy products and even the famous for its sake.

Inspired by the produce and flavor of the region, I started making a miso butter chicken with more or less as much as I could get my hands on. It didn't take long before I figured out that it was awesome over pasta, with bread, or even chicken as a main.

This was the start of my favorite pasta for miso butter chicken in Japan. I put together some of my favorite recipes and recipes of Hokkaido in a single easy-to-use book!

#### Bento Chicken

1. Bring a pot of water to a boil.

2. Add the chicken to the pot.

3. Boil for 10 minutes.

4. Drain the chicken.

5. Add the chicken to the bento box.

6. Add the miso butter sauce.

7. Add the vegetables.

8. Add the rice.

9. Add the fruit.

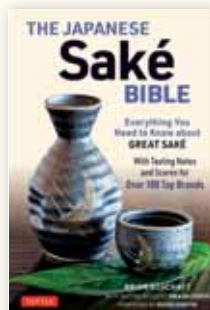
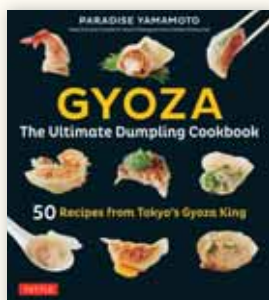
10. Add the chick.



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**Real Vietnamese Cooking** is your passport to the world of authentic Vietnamese tastes and flavors—from the traditional to the modern.

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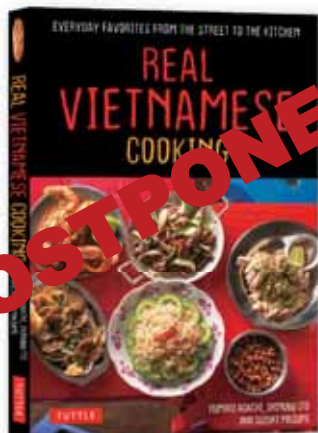
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- Award submissions
- BLADS available
- Official author website: vietnamfoodnet.com



## Real Vietnamese Cooking

*Everyday Favorites from the Street to the Kitchen*

Yumiko Adachi  
Shinobu Ito  
Suzuki Masumi

*Real Vietnamese Cooking* brings you to Vietnam's vibrant culinary centers, where you can pull up a kitchen chair for a family feast, order noodles from a street-side stall or even sit down in a mess hall with the hungry soldiers of the South Vietnamese Army.

*Real Vietnamese Cooking* combines the collective culinary wisdom of three intrepid food explorers who spent many years training with Vietnam's best chefs while scouring the countryside in search of dishes few foreigners get to experience. It introduces readers to local takes on classic recipes, as well as many lesser known favorites—all made with easy-to-find ingredients.

Street eats and home-cooked delicacies that only savvy travelers know about from the streets of Saigon and the cafés of Hanoi are gathered here for the first time. This one-of-a-kind cookbook opens a new culinary window on contemporary Vietnam, exposing the full range of sweet, salty and savory tastes to the home cook.

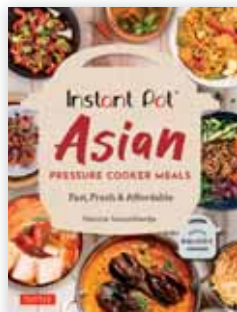
Yumiko Adachi is the owner of Maimai and Ecoda Hem—two Vietnamese street food-inspired restaurants in Tokyo.

Shinobu Ito has shared her love of Vietnamese food in her popular cooking classes, as well as on television and in magazines in her native Japan.

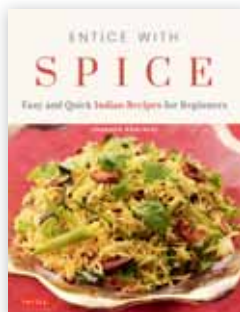
Suzuki Masumi trained as a chef for several years in Vietnam. She is the owner of Kitchen, a Vietnamese restaurant in Tokyo.



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Recipes Used Throughout This Book

**Rice Paper**

Round Rice Paper & Square Rice Paper

Reconstituted Rice Paper

Deep-Fried Fresh Spring Roll was Born

Deep-Fried Spring Rolls

Breaded Deep-Fried Seafood

Spring Rolls

Crispy Stuffed Rice Paper

Rice Paper Salad

Fresh Spring Rolls

Chinese Style Spring Rolls

Mixed Seafood and Vegetables

Deep-Fried Fish in Rice Paper

Steamed Fish in Rice Paper

Lamb with Fermented Tofu

Stuffed Rice Bowls

Mixed Bun Noodles: Topped with Grilled Meat

Mixed Bun Noodles: Topped with Deep-Fried Spring Roll

Fried Fish and Oil Bun Noodle Soup

Crab Bun Noodle Soup

Chicken Pot

Chicken and Tamarind Soup with Celery

Shrimp Pho

Clam Pho

Phnom Penh-Style Noodle Soup

Phnom Penh-Style Mixed Noodles

Crab Bun Noodle Soup

Stir-Fried Crabmeat and Celery

Many Delicious Rice Varieties of Vietnam

## Sandwiches

Bread Used for Banh Mi  
Steamed Banh Mi  
Banh Mi Curry  
Lemongrass Beef Banh Mi  
Chicken Liver Pate Banh Mi  
Chicken Liver Pate  
Banh Mi with Dill-and-Tomato  
Omelette  
Banh Mi with Fried Fish Cake  
Tamarind Chicken Banh Mi  
Fried Pork Cutlet Banh Mi  
The Ever-Evolving Banh Mi Sandwich  
The Unforgettable Flavors of North  
Vietnam

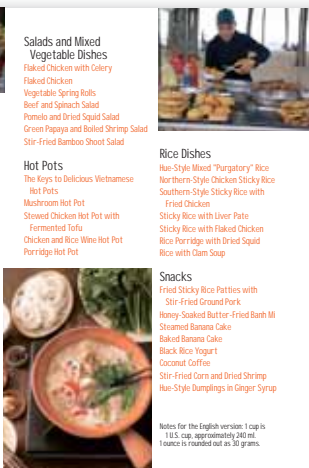


### Rice-Flour Dishes

- Water Fern Cakes
- Fried Rice Cake with Egg
- Steamed Spring Rolls
- Southern-Style Fried Pancakes
- Central-Style Fried Pancakes

### Casual Dining

How to Eat at a Quan Com Binh Dan  
THE QUAN BINH DAN OF THE SOUTH  
Yam Soup with Shrimp-and-Pork  
Meatballs  
Greens and Cellophane Noodle Soup  
Sweet and Sour Shrimp Soup  
Simmered Pork and Eggs  
Sweet Simmered Fish with Pork  
Meat-Stuffed Fried Tofu in  
Tomato Sauce  
Stir-Fried Okra and Tomato  
Lemongrass Chicken  
Eggplant with Ground Pork  
Savory Egg Custard with Ground Pork



Salads and Mixed  
Vegetable Dishes  
Flaked Chicken with Celer

- Flaked Chicken
- Vegetable Spring Rolls
- Beef and Spinach Salad
- Pomelo and Dried Squid Salad
- Green Papaya and Boiled Shrimp Salad
- Stir-Fried Bamboo Shoot Salad

## Hot Pots

- Hot Pots
- Mushroom Hot Pot
- Stewed Chicken Hot Pot with Fermented Tofu
- Chicken and Rice Wine Hot Pot
- Porridge Hot Pot

## Rice Dishes

- Hue-Style Mixed "Purgatory" Rice
- Northern-Style Chicken Sticky Rice
- Southern-Style Sticky Rice with Fried Chicken
- Sticky Rice with Liver Pate
- Sticky Rice with Flaked Chicken
- Rice Porridge with Dried Squid
- Rice with Clam Soup

## Snacks

- Fried Sticky Rice Patties with Stir-Fried Ground Pork
- Honey-Soaked Butter-Fried Banh Mi
- Steamed Banana Cake
- Baked Banana Cake
- Black Rice Yogurt
- Coconut Coffee
- Stir-Fried Corn and Dried Shrimp
- Hue-Style Dumplings in Ginger Syrup

Notes for the English version: 1 cup is  
1 U.S. cup, approximately 240 ml.  
1 ounce is rounded out as 30 grams.



### Lemongrass Beef Banh M

**1** Rách mì thịt bò nướng sả

Beef marinated in a lemongrass sauce is wrapped around even more lemongrass for added flavor and fragrance, then pan or griddle cooked.

Serves 4

5 to 6 lemongrass stalks

**A:**

- 1/2 teaspoon finely minced garlic
- 1/2 cup (20 g) finely minced red onion
- 1 tablespoon (20 g) finely minced lemongrass
- 2 teaspoons nuoc mam
- 1 teaspoon granulated sugar
- 2 teaspoons oyster sauce
- 1 teaspoon sesame oil

7 oz. (200 g) thinly sliced beef chuck

4 small crusty rolls, about 6 inches (13 cm) long

Daikon Radish and Carrot Marinated in Nuoc Cham (page 151), to taste  
Chopped cucumber and mint, to taste  
Thai seasoning sauce, to taste  
Hot chili sauce, to taste  
Unsalted butter

- 1 Cut the tough root ends off the lemongrass stalks (**photo a**). Peel a layer off the remaining stalks (**b**).
- 2 Combine the A ingredients and marinate the beef for 20 minutes in the sauce. Wrap the marinated beef around the prepared lemongrass stalks from Step 1 (**c**) and squeeze tightly (**d-e**).
- 3 Put the beef and lemongrass rolls in a nonstick frying pan over medium heat and

**POINT** On the streets of Ho Chi Minh City, there are hish a stalls selling skewered beef or mouthfuls grilled over charcoal. They're one of my favorites, so whenever I them, I can't stop myself from buying one. Here I've used thinly sliced beef, but I also recommend trying with ground pork or minced ground beef and pork. I that case, combine the 4 ingredients with the ground meat, and form it into a long stick around a lemon grass stalk. Pan fry it as with the thinly sliced beef version.



Bún, Phở etc..



# Hearty and healthy recipes straight from Japanese home kitchens!



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## Japanese Soups

*Recipes for Nourishing Broths, Stews and Hotpots*

Keiko Iwasaki

In this groundbreaking new book, Japanese culinary expert Keiko Iwasaki shares with readers the simple homemade soup recipes that she makes regularly for her family and friends at home—from filling one-pot meals to light and tasty side dishes.

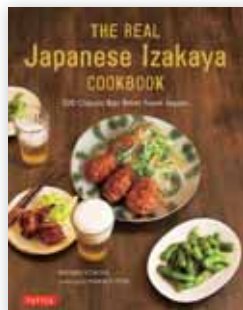
All the soups in this book are made fresh with homemade stocks that use healthy ingredients such as konbu seaweed and shiitake mushrooms, so they are natural and additive-free. The soups

themselves largely feature vegetables, often combined with seafood and meat in small quantities to maximize their nutritional benefits. They are low calorie, and naturally gluten free.

Keiko Iwasaki is a popular food writer who has published many cookbooks in her native Japan. Several of her books, including *Learning Japanese Home Cooking from Zero*, have been translated into foreign languages.

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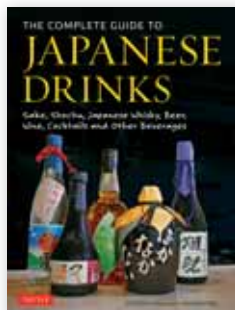
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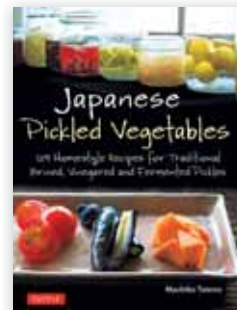
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### Barley Soup with Sweet Potato

The satisfying texture of sweet potato combines well with the chewiness of the barley in this soup loaded with fiber and vitamins. The seasoning is kept simple to bring out the natural sweetness of the potato.

**Serves: 2**  
**Preparation Time: 35 minutes**  
 4 tablespoons pearl barley  
 1 sweet potato, about 5 oz (150 g)  
 Handful spinach  
 2 cups (500 ml) bonito stock (see page 17)  
 ½ teaspoon soy sauce  
 ½ teaspoon salt  
 Black pepper, to taste

- 1 Rinse the barley and soak in water for about 30 minutes to soften. Drain and set aside.
- 2 Slice the sweet potato into 1 inch (2.5 cm) thick rounds and then cut each slice into quarters. Cut the spinach into 1 inch (2.5 cm) pieces.
- 3 Place the stock in a pot together with the barley and sweet potato, cover and bring to a boil over medium heat. Turn down the heat and simmer for 20 minutes. Season with the soy sauce, salt and black pepper. Add the spinach and cook for a further minute or two.

**180 kcal** **Good for digestion** **Prevents blood pressure**

**These ingredients keep you full!**  
 The star ingredients in this soup are sweet potatoes and barley, which are both rich in fiber, making this a filling and satisfying soup when you're feeling hungry.

**pearl barley** **sweet potato**



### Beef and Watercress Soup with Sesame

The generous addition of nutritious sesame seeds gives the soup wonderful flavor. The slight bitterness of the watercress creates a perfect balance.

**Serves: 2**  
**Preparation Time: 20 minutes**  
 4 oz (100 g) thinly sliced beef  
 ½ medium carrot  
 Handful watercress  
 1½ cups (425 ml) bonito stock (see page 17)  
 1 tablespoon sake  
 1 tablespoon miso  
 2 teaspoons ground sesame seeds  
 Toasted sesame seeds, for garnish

- 1 Cut the beef into bite-sized pieces, the carrot into matchsticks and the watercress into 1 inch (2.5 cm) pieces.
- 2 Place the stock, sake, beef and carrot in the pot and cover. Turn the heat to medium-high. When the pot comes to a boil, turn the heat to low and simmer for 4 to 5 minutes.
- 3 Mix the miso with some of the liquid from the pot and add it back to the pot with the ground sesame seeds and watercress. Cook for a minute or two. Serve sprinkled with toasted sesame seeds.

**157 kcal** **Good for digestion** **Prevents blood pressure** **Prevents blood sugar**

**These ingredients bring depth to the flavor!**  
 The sesame seeds make a beautiful soup. The sesame stock and the beef are packed with umami, giving a soup that is sure to become a favorite.

**beef** **carrot** **sesame seeds**



### Lemon Chicken Soup

The chrysanthemum soaks up the umami from the chicken, lending a soothing flavor. The heat from the chili pepper boosts the body's metabolism.

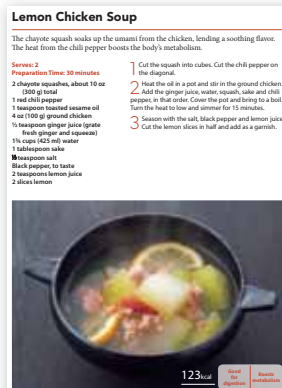
**Serves: 2**  
**Preparation Time: 30 minutes**  
 2 chrysanthemum, about 10 oz (300 g) total  
 1 red chili pepper  
 1 teaspoon toasted sesame oil  
 4 oz (100 g) ground chicken  
 1½ cups ginger juice (grate fresh ginger and squeeze)  
 1½ cups (425 ml) water  
 1 tablespoon sake  
 ½ teaspoon salt  
 Black pepper, to taste  
 2 teaspoons lemon juice  
 2 slices lemon

- 1 Cut the squash into cubes. Cut the chili pepper on the diagonal.
- 2 Heat the oil in a pot and stir in the ground chicken. Add the ginger juice, water, squash, sake and chili pepper. In that order. Cover the pot and bring to a boil. Turn the heat to low and simmer for 15 minutes.
- 3 Season with the salt, black pepper and lemon juice. Cut the lemon slices in half and add as a garnish.

**123 kcal** **Good for digestion** **Prevents blood pressure** **Prevents blood sugar**

**These ingredients bring depth to the flavor!**  
 Chicken gives great umami, and the tartness of the lemon brings the flavor together.

**chicken** **lemon**



### Miso Tomato Stew with Chicken

Skin-on chicken and vegetables are cut into chunks to make this hearty soup. The combination of tomato paste and miso makes for an irresistibly delicious flavor.

**Serves: 2**  
**Preparation Time: 40 minutes**  
 8 oz (200 g) boneless chicken thighs  
 Salt and pepper, to taste  
 ½ onion  
 1 sweet potato, about 5 oz (150 g)  
 1 stalk celery  
 1½ cups (425 ml) water  
 1½ cups (425 ml) tomato paste  
 1½ cups (425 ml) miso  
 2 oz (50 g) ground chicken  
 1½ cups (425 ml) water  
 2 oz (50 g) ground chicken  
 1½ cups (425 ml) water  
 1½ cups (425 ml) miso

- 1 Cut each chicken thigh into quarters and season with salt and pepper. Halve the onion into wedges. Cut the carrot and sweet potato into 1½ inch (3.75 cm) lengths, and then quarter them lengthwise. Soak the sweet potato in water. Cut the celery into triangular chunks.
- 2 Melt the butter in a pot over medium heat and cook the onion. Add the vegetables. Sauté for a few minutes and then add the red wine. Stir in the tomato paste, water and chicken. Season. Cover and let the pot come to a boil. Turn the heat to low and simmer for 20 minutes.
- 3 Remove the tomato-seasoned and add the miso mixed with some of the liquid from the pot. Adjust the seasoning with salt and pepper.

**373 kcal** **Good for digestion** **Prevents blood pressure** **Prevents blood sugar**

**These ingredients bring depth to the flavor!**  
 The skin on the chicken gives a lot of flavor. So do the tomatoes and the miso. You are counting calories. The vegetables add sweetness.

**chicken** **sweet potato** **onion** **celery** **tomato paste**

### Minestrone with Soba Noodles

Japanese vegetables with tomato and olive oil create a marriage of umami from two different cultures. Using soba noodles in place of pasta is a delectable twist.

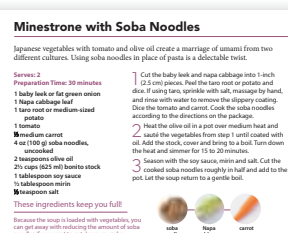
**Serves: 2**  
**Preparation Time: 30 minutes**  
 1 baby leaf or fat green onion  
 1 head cabbage, half  
 1 tare root or medium-sized potato  
 1 tomato  
 ½ medium carrot  
 4 oz (100 g) soba noodles, uncooked  
 2 teaspoons olive oil  
 2½ cups (625 ml) bonito stock  
 1 tablespoon soy sauce  
 1½ cups (425 ml) water  
 ½ teaspoon salt

- 1 Cut the baby leaf and napa cabbage into 1-inch (2.5 cm) pieces. Peel the tare root or potato and dice if using tare, sprinkle with salt, massage by hand, and rinse with water to remove the slippery coating. Dice the tomato and carrot. Cook the soba noodles according to the directions on the package.
- 2 Heat the olive oil in a pot over medium heat and add the vegetables from step 1 until coated with oil. Add the stock, cover and bring to a boil. Turn down the heat and simmer for 15 to 20 minutes.
- 3 Season with the soy sauce, miso and salt. Cut the cooked soba noodles roughly in half and add to the pot. Let the soup return to a gentle boil.

**300 kcal** **Good for digestion** **Prevents blood pressure** **Prevents blood sugar**

**These ingredients keep you full!**  
 Because the soup is loaded with vegetables, you can get along with reducing the amount of soba noodles if you want to eat down on carbs.

**soba noodles** **napa cabbage** **carrot**



### Chicken Soup on Rice

Aromatic ingredients create a light and soothing soup, which is then served on top of rice. You can also cook everything together into a porridge-like consistency.

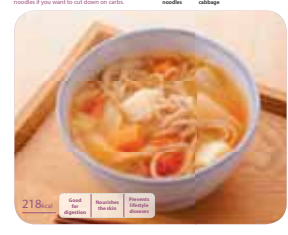
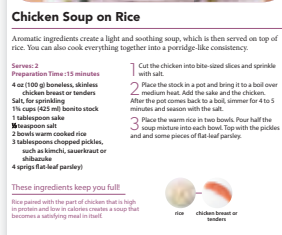
**Serves: 2**  
**Preparation Time: 15 minutes**  
 4 oz (100 g) boneless, skinless chicken breast or tenders  
 Salt, for sprinkling  
 1½ cups (425 ml) bonito stock  
 1 tablespoon sake  
 ½ teaspoon salt  
 2 fresh green chilies, such as jalapeño, serrano or habanero  
 4 spring fat leaf (pandey)

- 1 Cut the chicken into bite-sized slices and sprinkle with salt.
- 2 Place the stock in a pot and bring it to a boil over medium heat. Add the sake and the chicken. After the pot comes back to a boil, simmer for 4 to 5 minutes and season with the salt.
- 3 Place the warm rice in two bowls. Pour half the soup mixture into each bowl. Top with the pickles and some pieces of fat leaf pandey.

**218 kcal** **Good for digestion** **Prevents blood pressure** **Prevents blood sugar**

**These ingredients keep you full!**  
 Packed with the part of chicken that is high in protein and low in calories creates a soup that becomes a satisfying meal in itself!

**chicken breast or tenders** **rice**



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## Thailand's Best Street Food

*The Complete Guide to Street Dining in Bangkok, Phuket, Chiang Mai and Other Areas*

Chawadee Nualkhair

In *Thailand's Best Street Food*, freelance writer and food blogger Chawadee Nualkhair shows you how to find the best street foods throughout Thailand. Covering the whole country, Nualkhair successfully debunks the myth that Bangkok is the only place to find great Thai street food. She shows you exactly where to go to find the best dishes, from Phuket in the south to Chiang Mai in the north—ensuring that all visitors to the country will have a tasty and memorable experience.

Nualkhair provides lots of essential tips in her book including:

- Directions to each location
- Street maps for each area
- The best dishes to order
- Seating and bathroom facilities

In case you want to recreate your favorite street dishes at home, this book also includes recipes for many popular foods, adapted for Western kitchens and ingredients.

Chawadee Nualkhair is a former financial journalist who now writes primarily about food. She lives in Bangkok with her husband and two children.

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## Japan Eats!

*An Explorer's Guide to Japanese Food*

Betty Reynolds

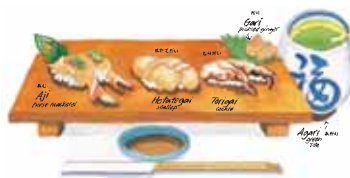
For first-time visitors and seasoned gourmets alike, *Japan Eats!* is an entertaining guide to the pleasures and pitfalls of dining in Japan—with hilarious insights and tips not found in other books. Whether it's the proper way to hold your chopsticks or the etiquette of slurping soup, author Betty Reynolds reassures the bewildered and includes mini-lessons on how to read

the curtains at the entrance, the menus on the wall, and even the signs on the bathroom doors!

What are sea urchins and how do you eat them? What are “dancing shrimp”? What is the difference between *tonkatsu* and *takoyaki*? Do you pick them up with your fingers or with chopsticks? Which sauce do you use? And just what is in that sauce? From world-famous sushi to fatally attractive fugu, it's all explained clearly and humorously in this sketchbook filled with charming color illustrations and insightful texts.

So don't be intimidated—dive right in! You are bound to have endless food adventures in Japan. This book shows you how.

Betty Reynolds lived in Japan for seven years. Though she now lives in the US, her heart remains in Japan. She is the author of *Clueless in Tokyo*, *Tokyo Friends* and *Japanese Celebrations*.



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## Sushi Party: Super Cute Sushi Made Easy!

*Simple Techniques for Making Fun and  
Decorative Sushi*

Ken Kawasumi

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book shows you the simple techniques needed to make  
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Renowned sushi chef and teacher Ken Kawasumi presents 50 different recipes for all kinds of  
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- Adorable animals including turtles, monkeys, cats and dolphins
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- Stunning sushi rice bowl art including a breathtaking Mount Fuji landscape

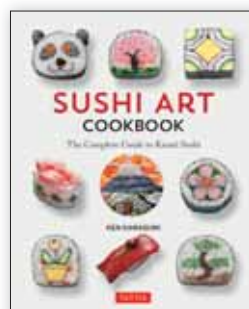
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If you're looking for a way to liven up a special occasion and impress your guests, look no further!

Ken Kawasumi began honing his craft at the age of sixteen. He is the principal lecturer at the  
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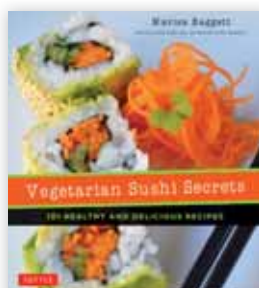
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For complete backlist, visit [www.tuttlepublishing.com](http://www.tuttlepublishing.com)



**\$14.99 kit**  
\$19.95 (CAD)

**ISBN-13: 978-0-8048-5286-9**  
**August**

Origami  
Tuttle Publishing

60 sheets of 6" (15 cm) square double-sided color designer paper; over 180 stickers and a 48-page full-color book in an 8¼ X 8¼ boxed kit

Carton Quantity: 12  
Selling Territory: World

ebook available

- For ages 6–9
- Outreach to children's blogs and magazines
- Outreach to origami blogs and groups
- National advertising
- Award submissions
- Social media giveaway
- Regional author tour, West Coast
- Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)
- Official author website: [joeldstern.com](http://joeldstern.com)



## My First Origami Animals Kit

Joel Stern

This new origami kit from Joel Stern, the bestselling author of *My First Origami Kit*, features dozens of cute and easy-to-fold animal figures. Through origami, kids learn geometry, hand-to-eye dexterity and creative skills—without even realizing it!

Everything you need is included—60 sheets of colorful folding paper and over 180 stickers to make the models look as silly or as serious as you want. Kids will be proud to show off their origami animals!

Here are just a few of the adorable animals you are able to make with this kit:

- Cheddar the Mouse—A cute and furry little farmyard mouse
- Dusty the Dog—Add eye stickers to this faithful friend for an authentic sheepdog look
- Khloe the Kitty—A clever feline with extendible paws who clings to a book or poster
- And many more!

This kit includes:

- 60 double-sided folding sheets
- 180+ colorful peel-off stickers
- A 48-page full-color instruction book
- 17 different origami animals to fold

Joel Stern is the author of the bestselling *My First Origami Kit*. He conducts origami workshops for kids of all ages and has exhibited his work around the world. He is an administrator for OrigamiUSA and Pacific Ocean Paperfolders.



BUBBLES THE FISH



ELI THE ELEPHANT



DOWNY THE DUCK

### Also Available:



Origami Fun for Kids Kit  
ISBN-13: 978-0-8048-4608-0  
\$14.95/\$19.95 (CAD) KTD

# THIS KIT INCLUDES:

60 colorful folding sheets ■ Easy-to-follow instructions ■ 180+ stickers



MORGAN THE MONKEY



SEBASTIAN THE SNAKE



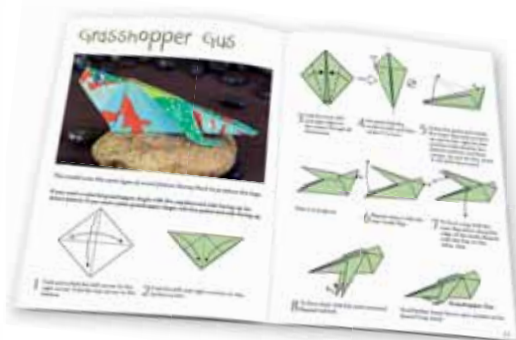
PATCHES THE PANDA

60 DOUBLE-SIDED  
FOLDING PAPERS

180+ PEEL-OFF  
STICKERS



PERCY THE PENGUIN



A 48-PAGE INSTRUCTION BOOK



SPEEDY  
THE TURTLE



KHLOE THE KITTY

By the Same Author:



My First Origami Kit  
ISBN-13: 978-4-8053-1244-5  
\$14.95/\$19.95 (CAD) KT



My First Origami Fairy Tales Kit  
ISBN-13: 978-0-8048-5146-6  
\$14.99/\$19.95 (CAD) KT



Origami Zoo Kit  
ISBN-13: 978-0-8048-4621-9  
\$14.95/\$19.95 (CAD) KT



Origami Games for Kids Kit  
ISBN-13: 978-0-8048-4852-7  
\$14.99/\$19.95 (CAD) KT

For complete backlist, visit [www.tuttlepublishing.com](http://www.tuttlepublishing.com)

ORIGAMI 15



**\$14.99 kit**  
\$19.95 (CAD)

**ISBN-13: 978-0-8048-5310-1**  
**August**

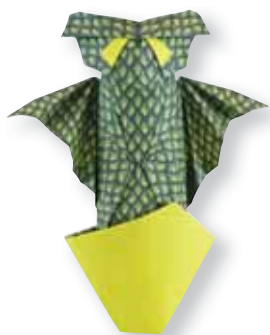
Origami  
Tuttle Publishing

10 models; 48 double-sided  
8" (20 cm) square patterned  
folding sheets; 48-page  
instruction book in an  
8½ X 8½ boxed kit

Carton Quantity: 12  
Selling Territory: World

ebook available

- Outreach to origami blogs and groups
- Award submissions
- Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)
- Official author website: [sakuraorigami.com](http://sakuraorigami.com)



DRAGON HATCHLING



DRAGON FOOTPRINTS

## Origami Dragons Kit

*Magnificent Paper Models That are Fun to Fold!*

Marc Kirschenbaum

*Origami Dragons Kit* allows you to fold 10 incredible paper dragons! This unique collection contains Asian and Western dragons, both winged and serpentine. Each model is based on dragon folklore and pop culture from around the world, including the Wyvern—a cousin of the dragon that appears in *Dungeons and Dragons* and *Game of Thrones*.

This kit contains everything you need, including:

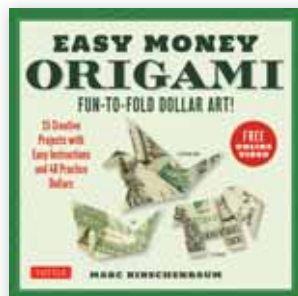
- 48 colorful paper sheets printed with colorful dragon skins
- A detailed full-color instruction book with easy-to-follow diagrams
- Step-by-step online video folding instructions

Here are just a few of the dragon models you can make with this kit:

- The Fairy Dragon—A miniature magical dragon with distinctive, butterfly-like wings
- The Lindwyrn—A sinewy, undulating monster
- The Dragon Hatchling—They're cute at this age, but keep an eye out for mama!
- Plus many more!

Marc Kirschenbaum is a world-renowned origami paper artist and widely-published author. His works are on display in museums and galleries around the world, including the American Museum of Natural History, the Smithsonian, the Mingei International Museum in Japan and the Hangar-7 Aviation Museum in Austria.

### By the Same Author:



Easy Money Origami Kit  
ISBN-13: 978-0-8048-5099-5  
\$14.99/\$19.95 (CAD) KT



Creative Origami Kit  
ISBN-13: 978-0-8048-4542-7  
\$14.95/\$19.95 (CAD) KTD

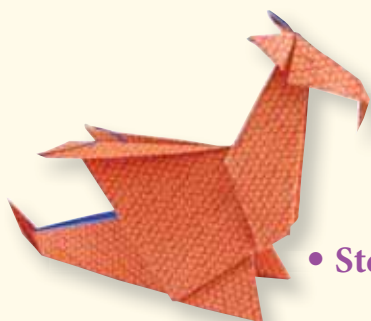


THE WESTERN DRAGON

# Origami folders, dragon enthusiasts and Game of Thrones fans, rejoice!

## This kit includes:

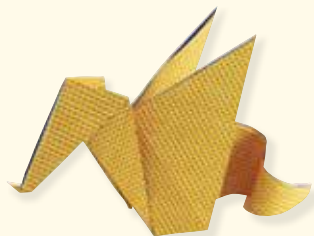
- A full-color instruction book with easy-to-follow diagrams
- 48 large sheets of double-sided, dragon-scale folding paper
- Step-by-step online video folding instructions



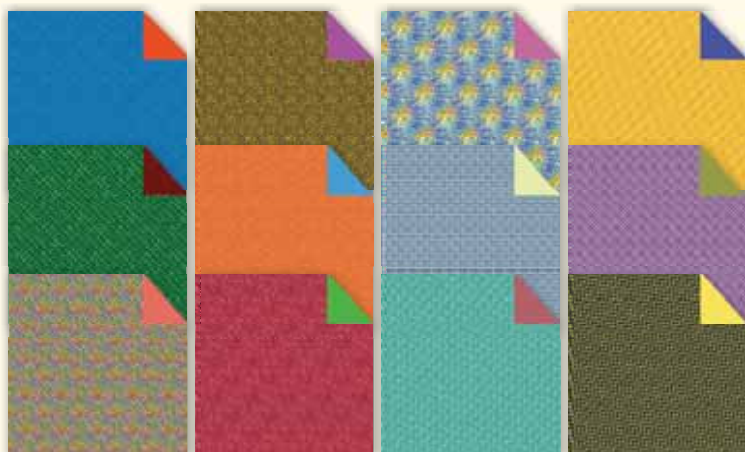
THE WYVERN



FAIRY  
DRAGON



AMPHIPTERE—THE WINGED SERPENT



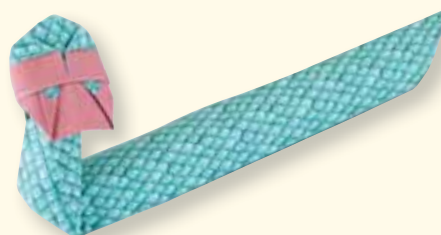
THE EASTERN DRAGON



THE REARING DRAGON



THE LINDWYRM



ZHULONG—THE TORCH DRAGON



**\$16.99 flapped paperback**  
\$22.95(CAD)

**ISBN-13: 978-4-8053-1560-6**  
**October**

Origami  
Tuttle Publishing

33 designs; color throughout  
8½ X 11 112 pages

Carton Quantity: 24  
Selling Territory: World

ebook available

- Outreach to origami and paper craft blogs
- BLADS available



## Beautiful Origami Paper Wreaths

*Handmade Japanese Style Home Decorations*

Noriko Nagata

These lovely origami decorations may look expensive, but they are surprisingly easy and inexpensive to create!

Each wreath is assembled from a number of paper sheets that are folded and then cleverly slot together. No scissors, glue or tape are needed! The paper pieces are held together by the tension of the paper using the ingenious techniques of modular origami. Detailed, step-by-step instructions show you how to fold and assemble each wreath.

Various designs are provided for every month of the year and you can endlessly vary the colors and materials, which are easily purchased in any craft store. Here are just a few of the seasonal and festive designs presented in this book:

- Valentine Hearts
- Tulips and Roses
- Goldfish and Bunnies
- Christmas Wreaths
- Spring Cherry Blossoms
- Shooting Stars
- Fall Harvest Wreaths
- And many more!

This is a simple and creative way to add a touch of beauty to your home and create low-cost decorations for weddings, parties, holidays and other celebrations.

Noriko Nagata's work has appeared in many publications, including *Unit Origami Boxes* (edited by Tomoko Fuse) and *Origami* (a publication of the Japan Origami Association). She is the coauthor of *The Mathematics and Science of Origami* and is a member of the Origami Associations of Japan and Great Britain.



### Also Available:

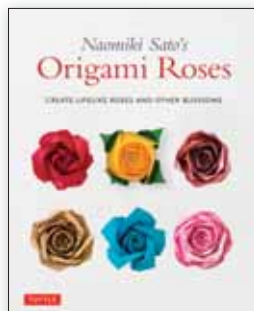


**Japanese Paper Flowers**  
ISBN-13: **978-4-8053-1498-2**  
\$15.99/\$19.95 (CAD) FP



**Paper Flower Note Cards**  
ISBN-13: **978-4-8053-1557-6**  
\$16.99/\$22.95 (CAD) HC

Recently Released



**Naomiki Sato's Origami Roses**  
ISBN-13: **978-4-8053-1520-0**  
\$14.99/\$19.95 (CAD) FP



# The perfect book for beginning folders of all ages!

**\$6.99 paperback**

\$9.95 (CAD)

**ISBN-13: 978-0-8048-5193-0**

**September**

Origami

Tuttle Publishing

20 projects; color illustrations

7½ X 10 48 pages

Carton Quantity: 48

Selling Territory: World

ebook available

- Outreach to origami blogs and groups
- Outreach to children's blogs and magazines
- BLADS available
- Authors available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)
- Official author website: [origamido.com](http://origamido.com)



Paper Doll



## Easy Origami for Beginners

*Full-Color Instructions for 20 Simple Projects*

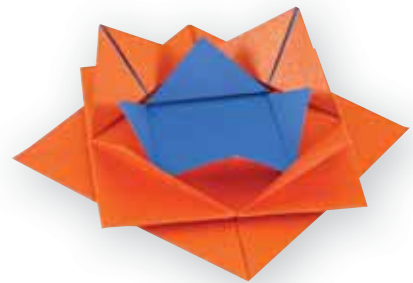
Michael G. LaFosse

A complete introduction to paper folding at a very attractive price!

Fully illustrated with colorful step-by-step instructions, *Easy Origami for Beginners* is the ideal first book for anyone wanting to explore the magic of origami. This value-packed collection shows you how to make 20 classic models that everyone loves to fold, including:

- A useful Picture Frame—to display your favorite photo!
- An adorable Mother Duck and Duckling—folded from a single sheet of paper!
- A lovely Hibiscus Blossom—that looks complicated (but actually is very easy)
- The ever-popular Dart Glider—that is fun to fold, and even more fun to fly!
- Plus many more!

Michael G. LaFosse is a renowned origami artist, avid teacher, and cofounder of the Origamidō Studio. A biologist by training, LaFosse has spent many decades studying plants and animals and re-creating them in his detailed folded paper forms.

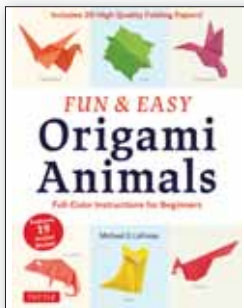


Lotus Flower



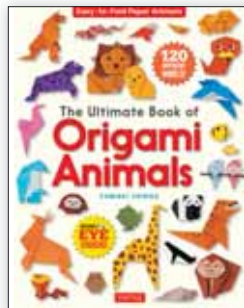
Swimming Seahorse

### By the Same Author:



**Fun & Easy Origami Animals**  
ISBN-13: **978-0-8048-5191-6**  
\$8.99/\$12.95 (CAD) PB

### Also Available:



**The Ultimate Book of Origami Animals**  
ISBN-13: **978-4-8053-1545-3**  
\$14.99/\$19.95 (CAD) PB



Mother Duck and Duckling



**\$19.99 jacketed hardcover**  
\$24.95 (CAD)

**ISBN-13: 978-4-8053-1578-1**  
**October**

Origami  
Tuttle Publishing

20 models; color photographs  
8½ X 11 112 pages

Carton Quantity: 20  
Selling Territory: World

ebook available

- Outreach to origami blogs and groups
- Award submissions
- BLADS available



**By the Same Author:**



Recently Released

**Fantastic Origami Flying Creatures**  
**ISBN-13: 978-4-8053-1579-8**  
**\$19.99/\$24.95 (CAD) HC**

20 **ORIGAMI**



## Fantastic Origami Sea Creatures

*20 Incredible Paper Models*

Hisao Fukui

In this landmark origami book, Japanese expert Hisao Fukui shows you how to create incredibly detailed and realistic aquatic models—including a giant squid, a prehistoric undersea dinosaur and even a massive blue whale calf!

The step-by-step folding instructions and photos in the book present 20 amazingly lifelike models—from intermediate to complex in terms of difficulty.

The 20 projects in this book include the following models:

- The Penguin—A color-change model capturing the awkward and slightly comical appearance of these flightless aquatic birds
- The Polar Bear—A menacing hunter who hungrily stalks your desk or bookshelf
- The Crocodile—A lurking predator which is ideal for showcasing handmade papers
- The Manta Ray—A graceful and gentle filter feeder whose sweeping wings give you the opportunity to create a truly expressive paper sculpture
- And many more!

Hisao Fukui has been folding origami for over half a century and is considered one of the leading origami artists in Japan today. He is the author of four origami books that have been bestsellers in his native Japan. This is his second book to appear in English, along with Tuttle's *Fantastic Origami Flying Creatures*.



[www.tuttlepublishing.com](http://www.tuttlepublishing.com)

**\$15.99 kit**  
**\$21.95 (CAD)**

**ISBN-13: 978-0-8048-5288-3**  
**August**

Origami  
Tuttle Publishing

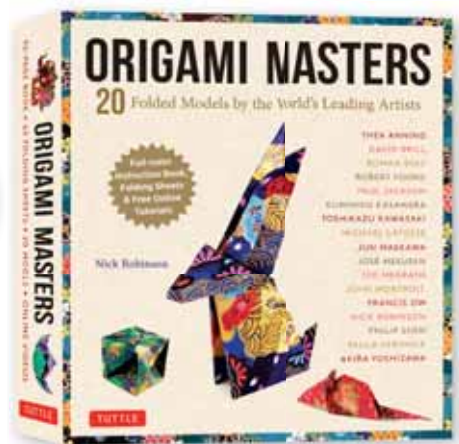
**Free  
Online  
Video  
Tutorials**

20 models; 60 sheets  
of 6¼" (17 cm) square  
double-sided folding paper;  
full-color 96-page instruction  
book in an 8½ X 9½ boxed kit

Carton Quantity: 12  
Selling Territory: World

ebook available

- Outreach to origami blogs and groups
- Award submissions
- Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)
- Official author website: [origami.me.uk](http://origami.me.uk)



## Origami Masters Kit

*20 Folded Models by the World's  
Leading Artists*

Nick Robinson

In *Origami Masters Kit*, renowned origami artist and author Nick Robinson presents 20 delightful designs by master paper folders around the globe. This kit has everything you need, including a 96-page full-color instruction book, 60 high-quality, double-sided folding papers and an online video tutorial for each model.

This kit features original designs by the following world-famous artists:

- **Akira Yoshizawa**—The late Japanese origami grand master who was largely responsible for creating and popularizing the art form of origami as we know it today
- **Michael LaFosse**—An internationally-renowned master folder and author who has been designing pieces inspired by nature for over 40 years
- **Jun Maekawa**—A Japanese origami artist known for her intricate use of crease patterns in designing expensive origami models
- **Nick Robinson**—The renowned British artist and prolific author known for his wide range
- **Toshikazu Kawasaki**—A Japanese master who is most famous for his rose design, which is presented in this kit
- And 12 other works by world-renowned origami masters!

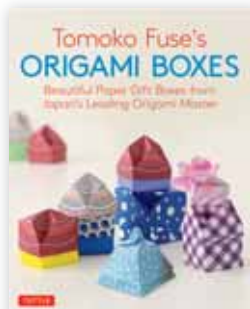
Nick Robinson is a frequent speaker and guest exhibitor at origami conventions around the world, and has authored over 60 books on origami. He has been a member of the British Origami Society for over 25 years.



### Also Available:

Tomoko Fuse's Origami Boxes  
ISBN-13: 978-0-8048-5006-3  
\$12.99/\$16.95 (CAD) FP

Tomoko Fuse's Origami Art  
ISBN-13: 978-4-8053-1555-2  
\$29.99/\$39.95 (CAD) HC



**Recently Released**

**Award  
Winner!**

**Now Available at a Lower Price!**



**New Expressions in Origami Art**  
*Masterworks from 25 Leading  
Paper Artists*

by Meher McArthur  
Foreword by Robert J. Lang  
color photos throughout  
10½ X 8½, 192 pp. hardcover  
ISBN-13: 978-0-8048-5345-3 Oct 2020  
\$12.99/\$15.95 (CAD)  
Prev ISBN: 978-0-8048-4677-6

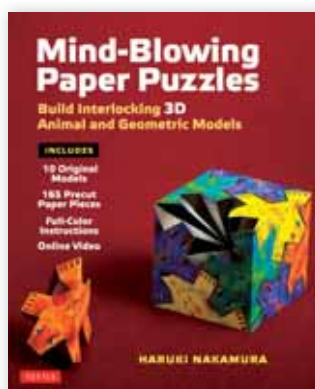


# Tuttle Origami Kits • Backlist Highlights

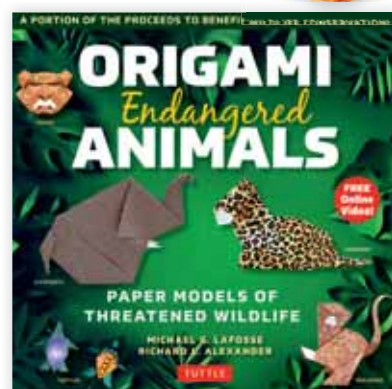


Recently Released

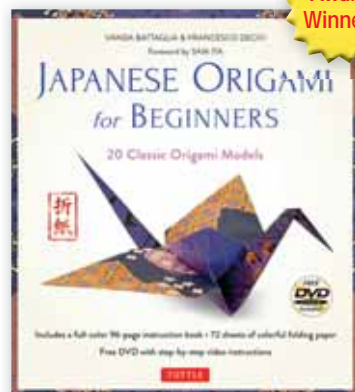
Origami Animal Boxes Kit  
ISBN-13: 978-0-8048-5254-8  
\$14.99/\$19.95 (CAD) KT



Mind-Blowing Paper Puzzles Kit  
ISBN-13: 978-4-8053-1509-5  
\$15.99/\$21.95 (CAD) KT



Origami Endangered Animals Kit  
ISBN-13: 978-0-8048-5026-1  
\$15.99/\$19.95 (CAD) KT



Award Winner!

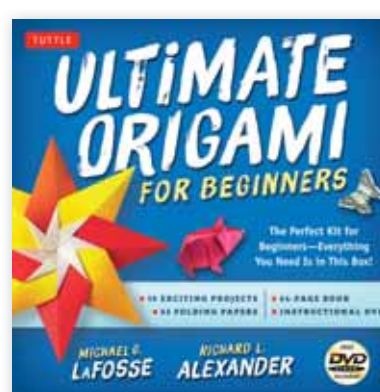
Japanese Origami for Beginners Kit  
ISBN-13: 978-0-8048-4543-4  
\$15.95/\$19.95 (CAD) KTD



Award Winner!

Bestseller!

Amazing Origami Kit  
ISBN-13: 978-0-8048-4191-7  
\$18.95/\$24.95 (CAD) KT



Ultimate Origami for Beginners Kit  
ISBN-13: 978-4-8053-1267-4  
\$14.95/\$19.95 (CAD) KTD



Japanese Origami Kit for Kids  
ISBN-13: 978-0-8048-4804-6  
\$12.95/\$16.95 (CAD) KT



Origami Butterflies Kit  
ISBN-13: 978-0-8048-4931-9  
\$11.99/\$15.95 (CAD) KT

Complete Origami Kit  
ISBN-13: 978-0-8048-4707-0  
\$11.95/\$15.95 (CAD) KT



# Tuttle Origami Kits • Backlist Highlights



**Award Winner!**

Classic Origami for Beginners Kit  
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\$12.99/\$16.95 (CAD) KT



**Award Winner!**

Super Cute Origami Kit  
ISBN-13: 978-0-8048-5078-0  
14.99/\$19.95 (CAD) KT



**Recently Released**

Pocket Size Origami Fun Kit  
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\$7.99/\$10.95 (CAD) KT



Leonardo da Vinci's Flying Machines Kit  
ISBN-13: 978-0-8048-5224-1  
\$14.99/\$19.95 (CAD) KT



One Minute Paper Airplanes Kit  
ISBN-13: 978-0-8048-4455-0  
\$14.95/\$19.95 (CAD) KT



**Award Winner!**

Instant Paper Airplanes Kit  
ISBN-13: 978-0-8048-5107-7  
\$14.99/\$19.95 (CAD) KT



**Award Winner!**

Flying Dragons Paper Airplane Kit  
ISBN-13: 978-0-8048-4857-2  
\$12.95/\$16.95 (CAD) KT



Out of This World Paper Airplanes Kit  
ISBN-13: 978-0-8048-4637-0  
\$14.99/\$19.95 (CAD) KT



Origami Galaxy for Kids Kit  
ISBN-13: 978-0-8048-5101-5  
\$14.99/\$19.95 (CAD) KT





# Tuttle's **NEW** Origami Paper Pack Books

**New binding, same high-quality paper!**

These new origami paper pack books from Tuttle have 256 sheets of richly saturated, double-sided origami paper. Bound into an **easy tear-out book format**—so you can easily find the pattern you want—this format is easy to carry around.



## Origami Kaleidoscope Paper Pack Book

256 sheets 6" (15 cm)

ISBN-13: 978-0-8048-5330-9

16 patterns; 8 projects

\$11.99/\$16.95 (CAD) Aug 2020

Folding  
Instructions for  
**8**  
PROJECTS

*Each book contains 16 different patterns or color combinations!*

## Origami Rainbow Paper Pack Book

256 sheets 6" (15 cm)

ISBN-13: 978-0-8048-5331-6

16 color combinations; 8 projects

\$11.99/\$16.95 (CAD) Aug 2020

Folding  
Instructions for  
**8**  
PROJECTS



# Tuttle's **NEW** Origami Paper Value Packs

## Origami Paper Japanese Designs

300 sheets 4" (10 cm)  
ISBN-13: 978-0-8048-5282-1  
12 patterns  
\$7.99/\$10.95 (CAD) Aug 2020



4" (10 cm)  
PAPERS



## Origami Paper Cherry Blossoms

500 sheets 4" (10 cm)  
ISBN-13: 978-0-8048-5283-8  
12 patterns  
\$11.99/\$15.95 (CAD) Aug 2020

# Tuttle's **BESTSELLING** Origami Paper Value Packs

## 300 sheets of 4 inch (10 cm) paper



Japanese Washi Patterns  
ISBN-13: 978-0-8048-4922-7  
\$7.99/\$9.95 (CAD)



Nature Photos  
ISBN-13: 978-0-8048-5208-1  
\$7.99/\$10.95 (CAD)



Tie-Dye Patterns  
ISBN-13: 978-0-8048-5209-8  
\$7.99/\$10.95 (CAD)

Each  
Pack Contains  
**12 Patterns**  
of High Quality  
Double-sided  
Folding Sheets

## 500 sheets of 4 inch (10 cm) paper



Kaleidoscope Patterns  
ISBN-13: 978-0-8048-4996-8  
\$11.99/\$16.95 (CAD)



Chiyogami Patterns  
ISBN-13: 978-0-8048-5240-1  
\$11.99/\$15.95 (CAD)



Rainbow Colors  
ISBN-13: 978-0-8048-5236-4  
\$11.99/\$15.95 (CAD)



Tuttle Origami  
2-Tier Display Stand  
ISBN-13: 978-1-5829-0122-0

FREE



# Tuttle's **NEW** Origami Paper Value Packs

Our  
Bestselling  
6" (15 cm)  
Papers

## Origami Paper Flower Patterns

500 sheets 6" (15 cm)  
ISBN-13: 978-0-8048-5285-2  
12 patterns; 6 projects  
\$12.99/\$16.95 (CAD) Sep 2020



## Origami Paper Marbled Patterns

200 sheets 6" (15 cm)  
ISBN-13: 978-0-8048-5284-5  
12 patterns; 6 projects  
\$8.99/\$11.95 (CAD) Aug 2020

Our  
Bestselling  
6" (15 cm)  
Papers

## Origami Paper Birthstones

200 sheets 6" (15 cm)  
ISBN-13: 978-0-8048-5320-0  
12 designs; 6 projects  
\$8.99/\$11.95 (CAD) Aug 2020



Our  
Bestselling  
6" (15 cm)  
Papers



# Tuttle's **BESTSELLING** Origami Paper Value Packs

Each Value Pack Contains **12 Patterns** of High Quality Folding Sheets Printed on Both Sides

## 500 sheets of 6 inch (15 cm) paper

**Bestseller!**



Kaleidoscope Patterns  
ISBN-13: 978-0-8048-4935-7  
\$12.95/\$16.95 (CAD)

**Bestseller!**



Chiyogami Patterns  
ISBN-13: 978-0-8048-4923-4  
\$12.99/\$16.95 (CAD)



Washi Patterns  
ISBN-13: 978-0-8048-5241-8  
\$12.99/\$16.99 (CAD)

Recently Released



Tie-Dye Patterns  
ISBN-13: 978-0-8048-5238-8  
\$12.99/\$16.99 (CAD)

Recently Released

## 200 sheets of 6 inch (15 cm) paper

**Bestseller!**



Rainbow Colors  
ISBN-13: 978-0-8048-4718-6  
\$8.95/\$11.95 (CAD)

**Bestseller!**



Kimono Patterns  
ISBN-13: 978-0-8048-5080-3  
\$8.99/\$11.95 (CAD)



Blue and White Patterns  
ISBN-13: 978-0-8048-5237-1  
\$8.99/\$11.95 (CAD)

Recently Released



Flower Patterns  
ISBN-13: 978-0-8048-5271-5  
\$8.99/\$11.95 (CAD)

Recently Released

## 100 sheets of 6 inch (15 cm) paper

**Bestseller!**



Nature Patterns  
ISBN-13: 978-0-8048-4997-5  
\$5.99/\$7.95 (CAD)



Tie-Dye Patterns  
ISBN-13: 978-0-8048-5111-4  
\$5.99/\$7.95 (CAD)



Kimono Patterns  
ISBN-13: 978-0-8048-5235-7  
\$6.99/\$8.95 (CAD)

Recently Released

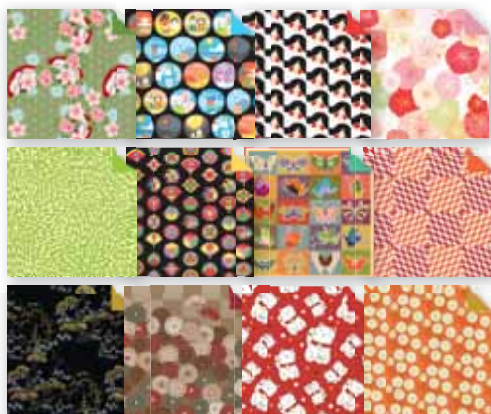


Rainbow Patterns  
ISBN-13: 978-0-8048-4636-3  
\$6.99/\$8.95 (CAD)

**Bestseller!**



# Tuttle's **NEW** Large Origami Paper Value Packs



Large Size  
6¾"  
(17 cm)

## Origami Paper Chiyogami Patterns

200 sheets 6¾" (17 cm)  
ISBN-13: 978-0-8048-5313-2  
12 patterns; 6 projects  
\$12.99/\$16.95 (CAD) Sep 2020

Large Size  
6¾"  
(17 cm)

## Origami Paper Floating World

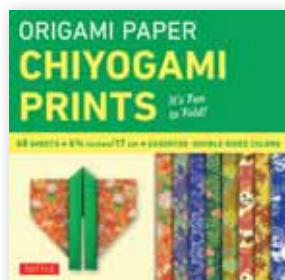
200 sheets 6¾" (17 cm)  
ISBN-13: 978-0-8048-5312-5  
12 designs; 6 projects  
\$12.99/\$16.95 (CAD) Sep 2020



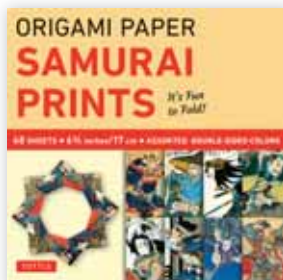
## Tuttle's **BESTSELLING** Large Size Origami Paper Packs

Each Value Pack Contains **8 Patterns** of High Quality Double-sided Folding Sheets

**48 Sheets of 6¾ inch (17 cm) paper**



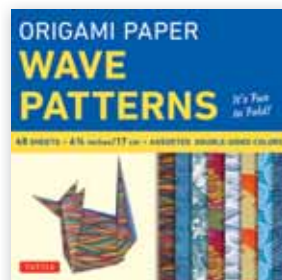
Chiyogami Prints  
ISBN-13: 978-0-8048-4716-2  
\$5.95/\$7.95 (CAD)



Samurai Prints  
ISBN-13: 978-0-8048-4347-8  
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Cherry Blossom Patterns  
ISBN-13: 978-0-8048-1071-7  
\$6.95/\$7.95 (CAD)



Wave Patterns  
ISBN-13: 978-0-8048-4855-8  
\$5.95/\$7.95 (CAD)



# Tuttle's **NEW** XL Origami Paper Value Packs



**XL Size**  
8 1/4"  
(21 cm)

## Origami Paper Japanese Woodblock Prints

200 sheets 8 1/4" (21 cm)  
ISBN-13: 978-0-8048-5314-9  
12 designs; 6 projects  
\$15.99/\$21.95 (CAD) Oct 2020

**XL Size**  
8 1/4"  
(21 cm)

## Origami Paper Japanese Shibori

200 sheets 8 1/4" (21 cm)  
ISBN-13: 978-0-8048-5315-6  
12 designs; 6 projects  
\$15.99/\$21.95 (CAD) Oct 2020



## Tuttle's **BESTSELLING** XL Origami Paper Packs

Each Value Pack Contains **8 Patterns** of High Quality Double-sided Folding Sheets

**48 sheets of 8 1/4 inch (21 cm) paper**



Cherry Blossom Patterns  
ISBN-13: 978-0-8048-4484-0  
\$6.95/\$8.95 (CAD)



Hokusai Prints  
ISBN-13: 978-0-8048-4453-6  
\$6.95/\$8.95 (CAD)



Kimono Patterns  
ISBN-13: 978-4-8053-1071-7  
\$6.95/\$8.95 (CAD)

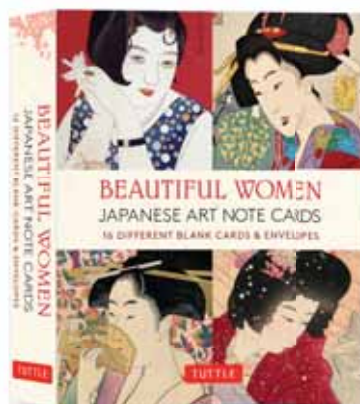


Traditional Japanese Designs  
ISBN-13: 978-0-8048-4190-0  
\$6.95/\$8.95 (CAD)



# Tuttle's **NEW** Art Note Cards in a Keepsake Box!

3¾ X 4½ inch (9.5 cm x 11.4 cm) cards in a 4½ X 5½ inch box with coordinating envelopes



## Beautiful Women in Japanese Art Note Cards

16 Different Blank Cards & 17 Envelopes  
in a Keepsake Box

ISBN-13: 978-0-8048-5199-2

\$12.99/\$16.95 (CAD) Aug 2020

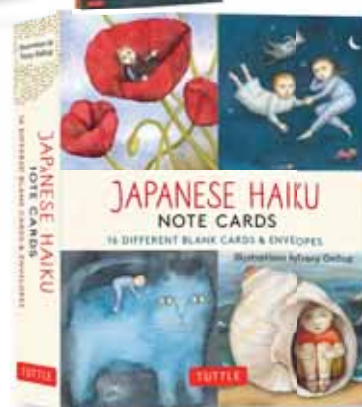
A corresponding haiku poem is written on the back of each note card.



From the award-winning book:  
*My First Book of Haiku Poems*

Illustrations by Tracy Gallup

ISBN: 978-4-8053-1515-6



## Japanese Haiku Note Cards

16 Different Blank Cards & 17 Envelopes  
in a Keepsake Box

ISBN-13: 978-0-8048-5232-6

\$12.99/\$16.95 (CAD) Aug 2020



# Tuttle's **NEW** Note Card Packs

Send a heartfelt note or handwritten "thank you" with these beautiful note cards and coordinating envelopes

16 blank cards sized 3½" X 5" with a mailable envelope



## Japanese Designs Note Cards

16 Different Blank Cards & 17 Envelopes

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\$12.99/\$16.95 (CAD) Sep 2020



## Kaleidoscope Note Cards

16 Different Blank Cards & 17 Envelopes

ISBN-13: 978-0-8048-5198-5

\$12.99/\$16.95 (CAD) Sep 2020





# Tuttle's **NEW** Note Card Packs



## Tie-Dye Note Cards

16 Different Blank Cards & 17 Envelopes

ISBN-13: 978-0-8048-5359-0

\$12.99/\$16.95 (CAD) Oct 2020

## BACKLIST HIGHLIGHTS

Tuttle Blank Note Cards 4 X 6 inches (109 X 156 mm)

6 Note Cards & Envelopes for \$7.99/\$9.95 (CAD)



Batik

ISBN-13: 978-0-8048-5076-6

Blue & White

ISBN-13: 978-0-8048-5077-3

Kimono

ISBN-13: 978-0-8048-5075-9



12 Note Cards & Envelopes for \$12.99/\$16.95 (CAD)



Cherry Blossom

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Chiyogami

ISBN-13: 978-0-8048-5155-8

Hokusai Prints

ISBN-13: 978-0-8048-5197-8

Japanese Cranes

ISBN-13: 978-0-8048-5164-0

Japanese Geisha

ISBN-13: 978-0-8048-5163-3

Japanese Cats

ISBN-13: 978-0-8048-5187-9

# Tuttle's **NEW** Gift Wrapping Papers

## EACH BOOK CONTAINS:

12 sheets of high-quality 18 X 24 inch (45 X 61 cm) wrapping paper • \$11.99/\$15.95 (CAD)  
12 different patterns • 9½ X 12 • paperback • Carton Quantity: 34 • Selling Territory: World



### Japanese Shibori Gift Wrapping Papers 12 Sheets

ISBN-13: 978-0-8048-5249-4  
August



### Tie-Dye Gift Wrapping Papers 12 Sheets

ISBN-13: 978-0-8048-5321-7  
October



## Tuttle's **BESTSELLING** Gift Wrapping Paper Backlist



Japanese Washi  
Gift Wrapping Papers - 12 sheets  
ISBN-13: 978-0-8048-5233-3  
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Recently Released



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Gift Wrapping Papers - 12 sheets  
ISBN-13: 978-0-8048-5213-5  
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Recently Released



Red & Gold  
Gift Wrapping Papers - 12 sheets  
ISBN-13: 978-0-8048-5162-6  
\$11.99/\$15.95 (CAD)





## EACH BOOK CONTAINS:

12 sheets of high-quality 18 X 24 inch (45 X 61 cm) wrapping paper  
12 different patterns • 9½ X 12 • 28 pp. • paperback



**Black & Gold**  
Gift Wrapping Papers - 12 sheets  
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\$11.99/\$15.95 (CAD)



**Blue & White**  
Gift Wrapping Papers - 12 sheets  
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\$11.95/\$15.95 (CAD)



**Cherry Blossoms**  
Gift Wrapping Papers - 12 sheets  
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\$11.95/\$15.95 (CAD)



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Gift Wrapping Papers - 12 sheets  
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**Japanese Kimono**  
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6 different patterns • 9½ X 8 • 20 pp. • paperback



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**Rainbow Watercolors**  
Gift Wrapping Papers - 6 Sheets  
ISBN-13: 978-0-8048-5186-2  
\$7.99/\$11.95 (CAD)

# Tuttle **Gift Wrapping Paper** Spinner Displays



Black & Gold



Japanese Kimono



## 8 Pocket Counter Top Spinner\*\* for Tuttle Gift Wrapping Papers

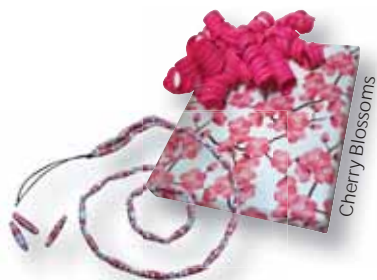
Holds 144 assorted 12-sheet books

This 2-tier display has 8 pockets;  
each pocket holds 18 units

Counter footprint is 15" square X 32" high  
(38 X 82 cm)

Made of high-quality clear acrylic

ISBN-13: 978-1-58290-126-8



Cherry Blossoms



## 16 Pocket Floor Spinner\*\* for Tuttle Gift Wrapping Papers

Holds 296 assorted units

This 4 tier display has 16 pockets; Each display holds  
80 assorted 6-sheet books (20 per pocket)  
216 assorted Large 12-sheet books (18 per pocket)

Floor footprint is 18" square X 59" high  
(46 X 150 cm)

Made of high-quality clear acrylic

ISBN-13: 978-1-58290-125-1



Shimmering Silver



**\*\* Free with qualifying purchase of Tuttle Gift Wrapping Papers**  
Contact your Sales Representative for more information.



# Tuttle's NEW 1,000 Piece Jigsaw Puzzles

\$16.99/\$22.95 (CAD) • Games & Sports • Tuttle Publishing

Finished Size: 29 X 20 inches (74 X 51 cm) puzzle in a 10 X 13 box • Carton Quantity: 4 • Selling Territory: World



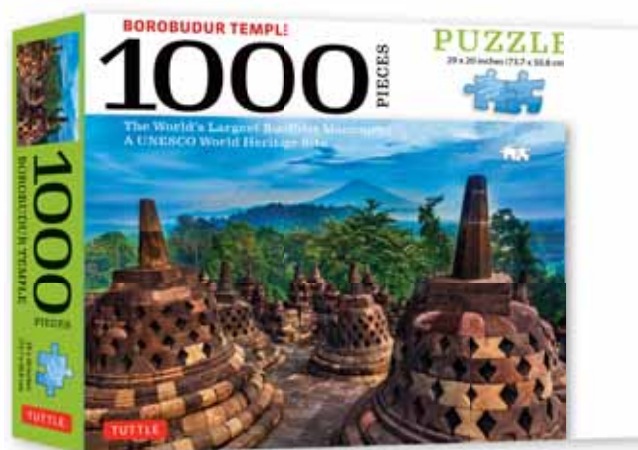
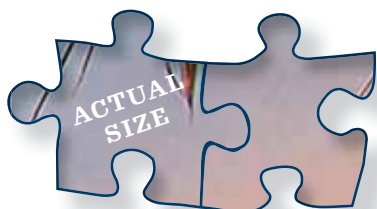
## Balinese Temple 1,000 Piece Jigsaw Puzzle

*The Sacred Balinese Temple on Lake Bratan  
Pura Ulun Danu*

ISBN-13: 978-0-8048-5317-0

June

Pura Ulun Danu Temple is one of Bali's holiest sites—located in Lake Bratan, a volcanic crater lake high up in the Central Highlands of Bali. It is dedicated to Dewi Danu, the goddess of the lake, who provides life-giving waters to the fertile green rice terraces on the volcano's flanks. This temple is Bali's most often-photographed sight!



## Borobudur Temple 1,000 Piece Jigsaw Puzzle

*The World's largest Buddhist Monument  
A UNESCO World Heritage Site*

ISBN-13: 978-0-8048-5342-2

June

Borobudur Temple in Central Java, Indonesia, is the world's largest Buddhist monument, now a UNESCO World Heritage Site. Its unique design, completed in the 9th century, has no equal. The temple consists of nine concentric platforms—six square and three round—containing many miles of intricately-carved stone reliefs retelling the life of the Buddha, the Jataka folk tales, and other stories. At the time of its creation, it was used as a “multimedia” teaching center. The monument is topped by a huge stupa representing Nirvana, surrounded by smaller stupas containing statues of Bodhisattvas—humans who have achieved enlightenment.



# Tuttle's NEW 1,000 Piece Jigsaw Puzzles

\$14.99/\$19.95 (CAD) • Games & Sports • Tuttle Publishing

Finished Size: 24 X 18 inches (61 X 46 cm) in a 8 X 8 box • Carton Quantity: 4 • Selling Territory: World



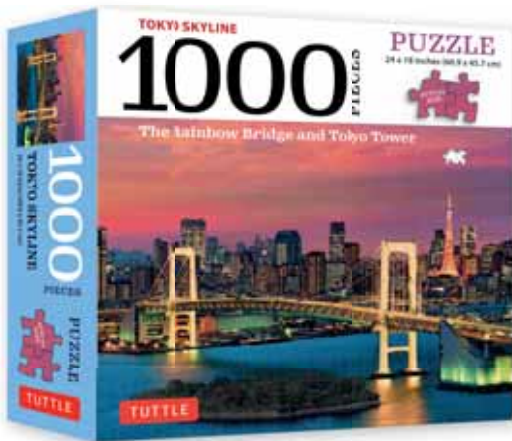
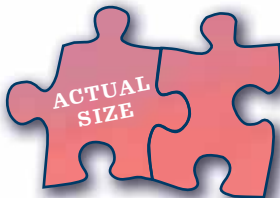
## Mount Fuji, Japan 1,000 Piece Jigsaw Puzzle

*Snowcapped Mount Fuji and Chureito Pagoda in Springtime*

ISBN-13: 978-0-8048-5336-1

June

An iconic symbol of Japan, Mount Fuji is considered a sacred mountain. It is Japan's highest peak at 3,776 m and a "must-visit" destination for hikers and tourists from around the world. For many centuries, Mount Fuji has been celebrated in Japanese art and is today still the most-photographed sight in Japan.



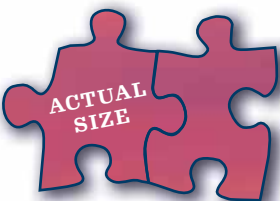
## Tokyo Skyline 1,000 Piece Jigsaw Puzzle

*The Rainbow Bridge and Tokyo Tower*

ISBN-13: 978-0-8048-5337-8

June

Tokyo is the world's largest city, with over 35 million inhabitants. The 798-meter Rainbow Bridge spans the Sumida River at its mouth, from Odaiba Island to Shibaura Pier. The bridge is famous for its light displays and is a major tourist attraction. Tokyo Tower was completed in 1958 as a symbol of Japan's rebirth as a major economic power. At 333 meters (1092 feet) it is the country's second-tallest structure and has been visited by 200 million people.





**\$14.99 jacketed hardcover**

\$19.95 (CAD)

**ISBN-13: 978-4-8053-1623-8**

**September**

Crafts

Tuttle Publishing

20 projects; color photographs throughout

7½ X 10 64 pages

Carton Quantity: 20

Selling Territory: World

ebook available

- Outreach to needle craft blogs and print magazines
- National advertising
- Social media giveaway
- Award submissions
- BLADS available



## Decorative Macramé

*20 Stylish Projects for Your Home*

Shufunotomo Co., Ltd

*Decorative Macramé* walks you through the process of creating your own unique macramé pieces that are perfect for adding touches of handcrafted beauty to your personal spaces. Clear step-by-step photographs show you how to create the four basic knots and how to apply simple macramé techniques, while detailed diagrams make the creation process easy.

The drawings and instructions in this book show you how to create 20 elegant projects that are simple enough for beginners, yet satisfying enough for practiced knotters. Ranging from small accessories to hanging statement pieces, there is something here for everyone:

- Soft wall hangings—perfect for warming up any space
- An elegant room divider
- A boho chic lampshade
- An adorable bunting that you can hang year-round
- Curtain ties that add finishing touches to your windows
- Keychains so you can carry your crafts with you
- Hanging plant holders
- And so much more!

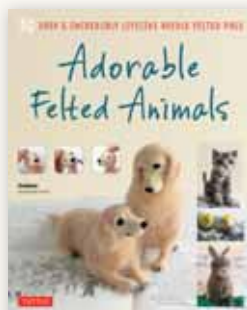
Shufunotomo Co., Ltd is a leading Japanese publisher of books and magazines on cooking, handcrafts, home décor, health and nutrition, fiction and more.



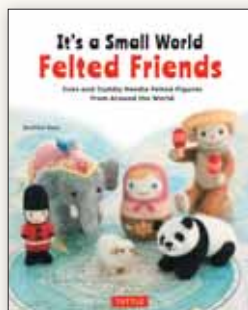
# Chic and timeless, macramé is once again trendy as a popular home décor craft!



## Also Available:



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**September**

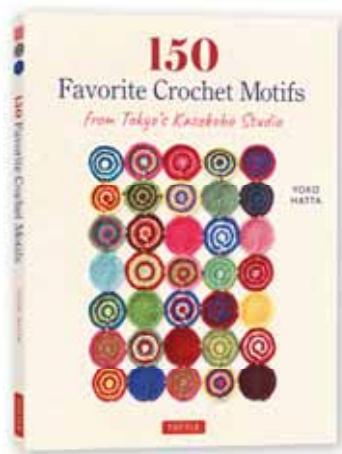
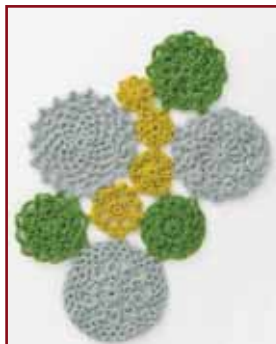
Crafts  
Tuttle Publishing

color photographs and diagrams  
8½ X 11½ 120 pages

Carton Quantity: 16  
Selling Territory: World

ebook available

- Outreach to needle craft blogs and print magazines
- National advertising
- BLADS available
- Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)



## 150 Favorite Crochet Motifs from Tokyo's Kazekobo Studio

Yoko Hatta  
Cassandra Harada, translator

In *150 Favorite Crochet Motifs from Tokyo's Kazekobo Studio*, Japanese knitwear designer Yoko Hatta shows you creative ways to use leftover yarn and your own sense of design to make hundreds of exciting crochet patterns. You'll find a range of motifs in this book—from elegantly simple to deliciously intricate—all waiting to be incorporated into your next needlework project.

- Make scarves and blankets using the all-time favorite granny squares, or shawls made from polygons

- Join circles to make fun wall hangings, room dividers and more
- Use elegant Irish crochet motifs to form the outside of a bag, or make into a brooch
- Find new color inspirations from offbeat duo-chromatic arrangements to splashy, multicolored pieces

All the Japanese crochet symbols are explained clearly and the author shows you how to assemble the arrangements. Published in the same format as other bestselling Tuttle knitting dictionaries (*Japanese Knitting Stitch Bible*, *250 Japanese Knitting Stitches*, *Japanese Knitting Stitches from Tokyo's Kazekobo Studio*), this book brings a knowledge of intricate Japanese techniques to crocheters in the West.

**Yoko Hatta** is the designer behind the Japanese knitting studio Kazekobo. She's written many knitting books and contributed to numerous magazines, including *Brooklyn Tweed* and *Vogue Knitting*.

**Cassandra Harada** is a fiber artist living in Tokyo, where she teaches knitting and spinning and occasionally publishes her own design work.

### By the Same Author:



Japanese Knitting Stitches from  
Tokyo's Kazekobo Studio  
ISBN-13: **978-4-8053-1518-7**  
\$18.99/\$24.95 (CAD) PB

### Also Available:



Japanese Wonder Crochet  
ISBN-13: **978-4-8053-1527-9**  
\$15.99/\$21.95 (CAD) FP



# The First Japanese Crochet Stitch Dictionary!





**\$15.99 flapped paperback**  
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**ISBN-13: 978-4-8053-1572-9**  
**August**

Crafts  
Tuttle Publishing

23 projects; color photographs  
8½ X 11 104 pages

Carton Quantity: 20  
Selling Territory: World

ebook available

- Outreach to needle craft blogs and print magazines
- National advertising
- Social media giveaway
- BLADS available
- Translator available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)
- Translator available for events; contact [events@tuttlepublishing.com](mailto:events@tuttlepublishing.com)



## Japanese Wonder Knitting

*Timeless Stitches for Beautiful Bags, Hats, Blankets and More*

Nihon Vogue  
Gayle Roehm, introduction

Japanese knitting dictionaries have become a favorite go-to reference for experienced knitters all around the world. *Japanese Wonder Knitting* takes this trend a step further with classic stitches done the elegant Japanese way. A swatch pattern is provided for each stitch to help you learn the mechanics before applying them to larger projects.

The 23 projects in this book provide something for every knitter:

- Cozy hats and comfortable neckwear
- Head bands with warmth and style
- Beautiful clutches and elegant bags
- An amazing entrelac stitch shawl
- Clever bottine liners and ankle warmers
- And so much more!



An introduction by Japanese knitting expert Gayle Roehm explains the stitch charts as well as the differences between Japanese and Western styles of knitting. A guide to stitch symbols and extensive lessons provide visual guidance for knitters.

Nihon Vogue is one of Japan's preeminent publishers of books on handicrafts, with a long history and hundreds of titles on knitting, sewing, quilting, embroidery, paper crafts, painting and more.

Gayle Roehm lived in Japan, studied the language and has knit from Japanese patterns for most of her knitting career. She is the translator of the *Japanese Knitting Stitch Bible* and *250 Japanese Knitting Stitches*.





### By the Same Author:



**Bestseller!**

Japanese Knitting Stitch Bible  
ISBN-13: 978-4-8053-1453-1  
\$16.95/\$24.95 (CAD) PB



**Recently Released**

1000 Japanese Knitting & Crochet Stitches  
ISBN-13: 978-4-8053-1519-4  
\$29.99/\$39.95 (CAD) PB



Easy Knitted Fingerless Gloves  
ISBN-13: 978-4-8053-1517-0  
\$12.99/\$17.95 (CAD) FP



**Sashiko** is the traditional Japanese form of decorative and functional embroidery developed in Japan centuries ago and popular now for its simplicity!

**\$16.99 flapped paperback**  
**\$22.95 (CAD)**

**ISBN-13: 978-4-8053-1624-5**  
**October**

Crafts  
Tuttle Publishing

36 patterns; color photographs  
8½ X 11 120 pages

Carton Quantity: 20  
Selling Territory: World

ebook available

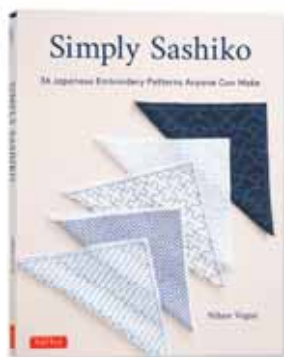
- Outreach to needle craft blogs and print magazines
- Award submissions
- BLADS available



#### **Also Available:**

**Bead Embroidery Chinese Style**  
**ISBN-13: 978-1-60220-038-8**  
**\$24.95/\$34.95 (CAD) HC**

**Joyful Mending**  
**ISBN-13: 978-4-8053-1574-3**  
**\$14.99/\$19.95 (CAD) FP**



## **Simply Sashiko**

*36 Japanese Embroidery Patterns Anyone Can Make*

Nihon Vogue

This book provides lessons on the ins and outs (literally) of making 36 elegant sashiko patterns. It shows you how to make stylish home and personal accessories you will love, including:

- Decorative pouches that make excellent gifts
- Placemats and napkins your guests will appreciate
- Delicate purses that all your friends will want to have
- Beautiful covered brooches and buttons
- And much more!

Step-by-step instructions and detailed color photos guide you through each process—from transferring the patterns to perfecting your stitch techniques. User-friendly templates help keep your motifs balanced and even—while the elegant color combinations inspire you to get creative with these simple and versatile stitches.

Only four materials are needed—needle, thread, thimble and fabric. Sashiko stitches have long been a favorite for quilting and embroidery. Today, the style is popular in the visible mending movement because of its simplicity and aesthetic appeal. With *Simply Sashiko*, you can apply centuries-old Japanese techniques to your clothing and accessories in a fun and creative way.

**Nihon Vogue** is one of Japan's preeminent publishers of books on handicrafts, with a long history and hundreds of titles on knitting, sewing, quilting, embroidery, paper crafts, tole painting and more. Publications in English include works by Hitomi Shida, Keiko Okamoto, Yoko Hatta, Shizuko Kuroha and other internationally recognized designers.



**Recently Released**

Create your own enchanted world using bold colors and imaginative motifs.

**\$14.99 flapped paperback**

\$19.95 (CAD)

**ISBN-13: 978-4-8053-1618-4**  
**August**

Crafts  
Tuttle Publishing

12 projects; color photographs  
9 X 7 96 pages

Carton Quantity: 30  
Selling Territory: World

ebook available

- Outreach to needle craft blogs and print magazines
- Social media giveaway
- BLADS available
- Official author website: [miw.cc](http://miw.cc)



## Enchanting Embroidery Designs

*Whimsical Animal and Plant Motifs to Stitch*

MiW Morita

Full of delightful motifs that are simple yet playful, this book invites you to get creative with its whimsical designs and step-by-step stitching instructions. The charming scenes and cute characters are full of life and texture, making them right at home on your favorite pieces of clothing, home accessories and wall hangings.

The unusual and versatile designs in this book include:

- Cheery flowers on a brooch
- A colorful curly sheep
- Bushy-tailed foxes
- And much more!
- Decorative pine tree ornaments
- Fluffy and stormy clouds
- Moss-covered stones



Simple instructions lead you through every recommended stitch, while a guide to combining colors will inspire you to try mixing and matching to create something new. Put your mind and your hands to work with the help of this inspiring new embroidery book!

MiW Morita is a painter, illustrator, animator, textile designer and graphic designer whose work has appeared on everything from book and magazine covers to confectionery boxes and store logos.

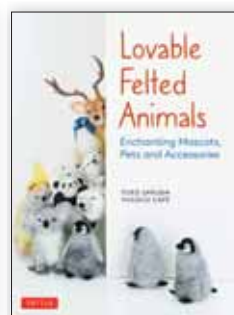


### Also Available:

**The Cat Lover's Craft Book**  
ISBN-13: 978-4-8053-1492-0  
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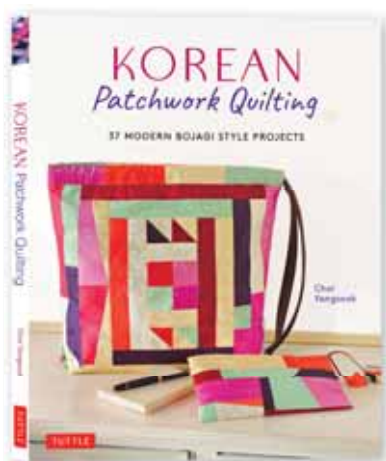
Crafts  
Tuttle Publishing

37 projects; color photographs  
8½ X 11 112 pages

Carton Quantity: 20  
Selling Territory: World

ebook available

- Outreach to needle craft blogs and print magazines
- Social media giveaway
- Award submissions
- BLADS available
- Official author website: [karamusi.co.jp](http://karamusi.co.jp)



## Korean Patchwork Quilting

*37 Modern Bojagi Style Projects*

Choi Yangsook

From their origins as wrapping cloths made with leftover scraps of fabric to their recognition today as fine works of textile art, *Bojagi*—the traditional art of Korean patchwork quilting—is a wonderfully versatile mode of expression that can transform an entire room or wardrobe.

In this book, master Bojagi instructor Choi Yangsook teaches you the step-by-step techniques of assembling bits of lightweight fabric by means of invisible seams to create elegant patchwork pieces for your home and lifestyle. The distinctive “window pane” appearance of a Bojagi quilt often resembles a modern abstract painting or stained glass window, and can be made from coordinated colored fabrics for an elegant look.

The extraordinary projects in this book include:

- Hangings for walls and windows
- Exquisite table runners and table cloths
- Delicate bags and pouches
- Zakka (“miscellaneous”) accessories
- Quirky jewelry pieces
- And much more!

Lessons, diagrams and templates are all included along with a few simple knotting and embroidery techniques. The wide range of projects will ensure that novices can try their hand and more experienced quilters will enjoy a satisfying challenge.

Choi Yangsook is a master instructor in Bojagi piecework and the founder of Karamusi Studio. Her work has been featured in numerous exhibitions around the world for more than twenty years.



### Also Available:

Shizuko Kuroha's Japanese  
Patchwork Quilting Patterns  
ISBN-13: 978-4-8053-1493-7  
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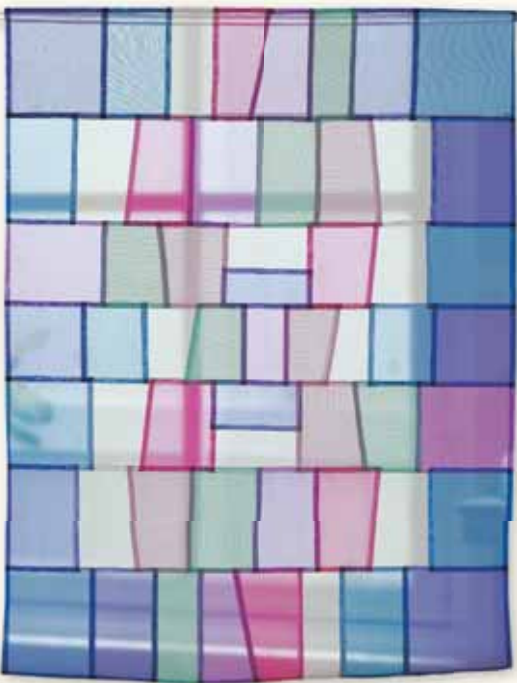
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ISBN-13: 978-0-8048-4666-0  
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**A book that will make you see fabric in a whole new way!**





# Fashion meets form in this indispensable manga drawing bible!

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- Social media giveaway
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## How to Create Manga: Drawing Clothing and Accessories

*The Ultimate Bible for Beginning Artists*

Studio Hard Deluxe Inc.

Learn all the essential techniques and tips used by professional manga illustrators to draw clothing and accessories of all types—from T-shirts, sweaters and skirts to belts, shoes and bags.

This is the fashion bible used by manga artists in Japan. It presents over 900 drawings by 12 accomplished illustrators for a broad range of garments. Detailed, in-depth texts and drawings show you how to render not just the clothes themselves,

but the folds, creases and wrinkles that give them a sense of realism and movement.

Studio Hard Deluxe Inc. is a multi-talented group of artists that ranks among Japan's leading creators and practitioners of anime science fiction and fantasy movies, special effects, retro culture, manga, cosplay, photography and other visual arts.

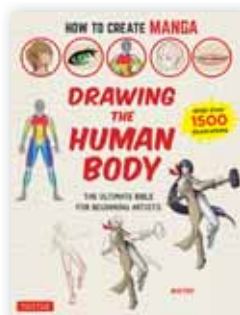
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### Also Available:

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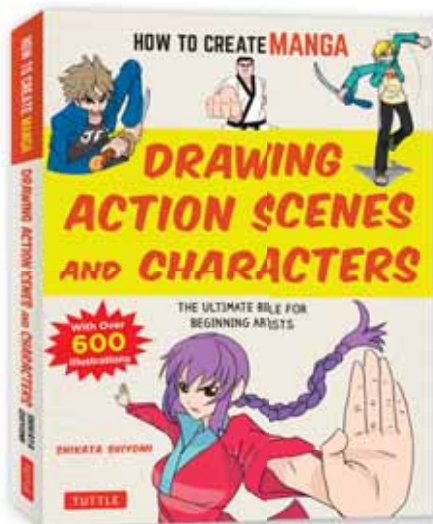
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## How to Create Manga: Drawing Action Scenes and Characters

*The Ultimate Bible for Beginning Artists*

Shikata Shiyomi

Who better to walk you through the basics of creating action-packed manga than a professional Japanese illustrator and animator? Containing 40 detailed tutorials, *How to Create Manga: Drawing Action Scenes and Characters* will add a whole new set of skills to your manga-drawing toolkit, offering tips and pointers only an expert will know for creating dynamic illustrations.

Enhance your visual storytelling skills with methods and ideas from the world of cinema and traditional figure drawing. Introduce perspective and angles, create more expressive characters and integrate them all to bring your story to life.

The first section looks at how to build your scene, while the second shows you how to pose and position your characters. Put the two together and you're on your way to creating artworks that will leap off the screen and page. The techniques covered in this book include:

- Framing devices
- Multiple perspectives
- Split-screen viewpoints
- Closeups and group shots
- And much more!

Ideal for digital as well as traditional artists looking for new techniques to access the world of action manga, *Drawing Action Scenes and Characters* allows you to harness the wisdom and experience of one of Japan's leading master artists.

Shikata Shiyomi is based in Hiroshima, Japan, where he is an illustrator and instructor of comic illustrations at Anabuki Design College and Sogo Gakuen Human Academy.

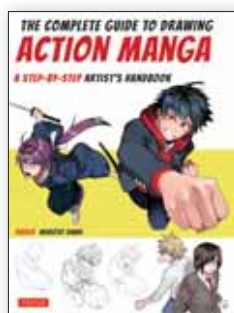


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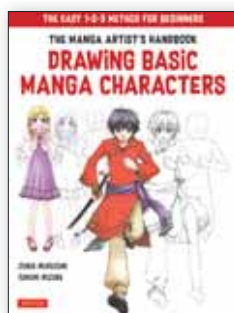
**The Complete Guide to Drawing Action Manga**  
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- Social media giveaway
- BLADS available
- Official author website: [ryumoto.com](http://ryumoto.com)

With Over  
**600**  
Illustrations



## Drawing Cute Manga Chibi

*A Beginner's Guide to Drawing  
Super Cute Characters*

Ryusuke Hamamoto

This guide introduces aspiring manga artists to the techniques needed to draw Chibi characters—wide-eyed caricatures beloved for their cuteness.

Author and Japanese manga artist Ryusuke Hamamoto (Ryu Moto) is best known for his design and creation of the *Petit Eva* character. In this book, he shares his personal tips, showing you how to break the “rules” of figure drawing to create these bobbleheaded cuties.

In this book, readers will learn to draw all aspects of their chibi characters, including:

- Facial expressions
- Body posture
- Hairstyles
- Different ages
- Poses
- Bringing your characters into full-color
- Different character identities—from a punk rocker to a samurai

Artists of all ages and levels will have fun creating original characters and reimagining their friends and family as kawaii chibi drawings.

Ryusuke Hamamoto is an experienced manga illustrator and lecturer at Tokyo Polytechnic University. His extensive body of work includes the character design for *Petit Eva* (from the deformed edition of the well known anime *Evangelion*) and the *Dungeons and Dam* game, as well as manga like *Gesu to Kamisama*, *Hiyokobocci* and *LR Shoji Tanteidan*.



**By the Author of the International Bestseller:**  
***How to Draw Almost Every Day: An Illustrated Sourcebook***

**\$12.99 flapped paperback**  
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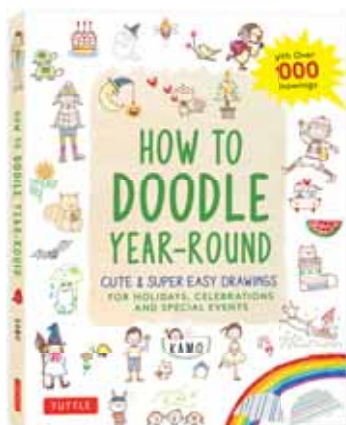
Children's  
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Carton Quantity: 15  
 Selling Territory: World

ebook available

- For ages 5-11
- Outreach to children's blogs
- BLADS available
- Official author website:  
[kamoco.net](http://kamoco.net)



**With Over  
 1000  
 Illustrations**



## How to Doodle Year-Round

*Cute & Super Easy Drawings for Holidays, Celebrations and Special Events*

Kamo

Bestselling Japanese author Kamo has done it again! Her new book shows you how to create delightful seasonal and holiday doodles using multicolored pens!

Want to draw a jack-o'-lantern with a toothy smile? How about a silly Santa out cruising in his cool sleigh? *How to Doodle Year-Round* helps you create these sensational designs and hundreds more like them—no previous artistic training required!

Kamo divulges all of her secrets to drawing freewheeling, lively and amusing doodles. There are no rules and no art-school techniques here. All you need is a free hand and a free spirit!

This book encourages young doodlers to pick up a pen and start drawing immediately. Doodles can be dashed off on scraps of paper or permanently enshrined on T-shirts, bookmarks, invitation cards and personalized gifts.

Kamo has worked as an artist for many years, drawing illustrations for books and advertisements and teaching illustration courses in Japan and internationally. She is the author of Tuttle's *How to Doodle Everywhere* and the international bestseller, *How to Draw Almost Every Day*.



### By the Same Author:



**Recently Released**

**How to Doodle Everywhere**  
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Over  
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## Sketching Men

*How to Draw Lifelike Male Figures: A Complete Course for Beginners*

Koichi Hagawa

In *Sketching Men*, veteran art instructor Koichi Hagawa, explains how to quickly capture the dynamic male form through two distinct styles of sketching:

- Very rapid (1-3 minute) line drawings that capture the essence of the subject's posture and movement—perfect for recording action poses
- More finished tonal drawings, which take a bit longer to render (7-10 minutes), and which fill in lots of

interesting textures and realistic details and nuances, including the play of light and shadow, three-dimensional forms and a sense of mass and balance

Learn to sketch the following:

- Individual body parts with their bones and muscles
- Objects held in the hands and with both arms
- Standing and sitting poses
- Transitions from prone and sitting positions to a standing pose
- Bending, reaching and leaning
- Pushing, throwing and dancing
- Folds, gathers and drape of clothing



This book contains hundreds of detailed studies and examples. Your sketches will improve rapidly as you learn all about how various parts of the human anatomy—skeleton, muscles and posture—come together to express the male form. Once you begin to hone your line and tonal drawing skills with this book, your artwork will improve as a result, no matter the application—storyboarding, cartooning, graphic novels, illustration, formal drawings, painting and more!

Koichi Hagawa graduated from The Tokyo University of Arts Graduate School, where he received a doctorate in art studies with a concentration in painting. Hagawa taught drawing classes at Kodansha Famous Schools for 20 years and is currently an instructor at the Nagaoka Institute of Design, the Koto Ward Drawing Class and the Bunpodo Art School.



# Learn the techniques of Croquis drawing from three professionals!

**\$19.99 flapped paperback**  
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**ISBN-13: 978-4-8053-1603-0**  
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55 lessons  
8½ X 11 168 pages

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- Outreach to art schools and media
- BLADS available
- Official author website: atelier21.jp



## Sketching Women

*Learn to Draw the Female Figure: A Complete Course for Beginners*

Studio Atelier 21

In *Sketching Women*, three professional studio artists (Kozo Ueda, Takahiro Okada, and Minoru Hirota) join forces to teach you how to sketch the female figure through 55 step-by-step drawing lessons. Each instructor presents his own personal philosophy for Croquis sketching. Croquis sketches are quickly-rendered drawings that capture the essentials of a subject's form with a few expressive lines.

Four levels of sketching are described in this book:

- The 1-minute Croquis: Very rapid gesture drawings that capture the artist's impressions of a form, where the pencil stays in contact with the paper for practically the entire session
- The 2-minute Croquis: Another quick sketch, but with more attention paid to the character and rhythm of the lines and how they help to express the essence of the form
- The 5-minute Croquis: A more finished drawing where added tonal variations suggest volume and anatomical details
- The 10-minute Croquis: More of a finished drawing, with fine details added such as facial expressions, the character of the hands and clothing texture

In this book you will learn to sketch the following:

- Individual body parts (including faces) with their bone structure and muscles
- Standing and sitting poses
- Light and dark tonal variations
- Nudes and clothed figures
- Dynamic poses
- Color drawings

You'll quickly hone your skills with this life-changing classroom-in-a-book. The expert advice and observations, dozens of poses, as well as easy-to-understand notes and tips all make it easy to understand how the skeleton, muscles and posture come together to express the female form.

Studio Atelier 21 was founded in 1999 by three Tokyo University of the Arts classmates (Kozo Ueda, Takahiro Okada and Minoru Hirota). Studio Atelier 21 is a workspace dedicated to providing inspiration and creative stimulation to artists.

### Also Available:



**The Complete Guide to Drawing for Beginners**  
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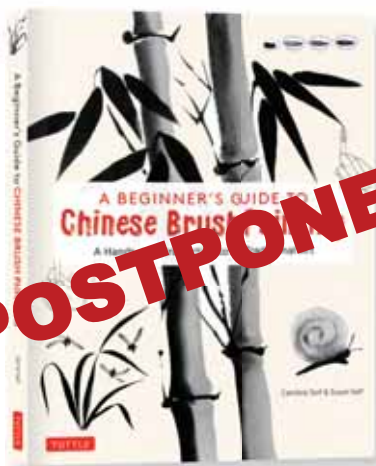
**ISBN-13: 978-0-8048-5263-0**  
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Tuttle Publishing

35 hands-on painting activities  
7½ X 10 64 pages

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**POSTPONED**

## A Beginner's Guide to Chinese Brush Painting

*A Hands-on Introduction to the Traditional Art*

Caroline Self  
Susan Self

*A Beginner's Guide to Chinese Brush Painting* teaches this ancient Chinese art form in an easy-to-understand way—no prior experience needed!

A brief history of Chinese brush painting is included as well as tips for holding your brush, achieving different shades and purchasing your materials. After that, the authors lead you step-by-step through a series of 35

hands-on painting activities—starting with basic strokes, putting them together to create objects and scenes and even writing Chinese calligraphy.

**Caroline Self** has a master's degree in art education and sculpture from San Diego State University. She taught art in the San Diego City Schools for twenty-five years and Asian brush painting for six years at the San Diego Museum of Art.

**Susan Self** studied art in college and on trips to Europe and Asia, often accompanying her mother.

**\$18.95 flapped paperback**  
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**ISBN-13: 978-1-60220-046-3**  
**September**

Crafts  
Shanghai Press

over 300 color photographs  
7¼ X 10¼ 128 pages

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Selling Territory: World  
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## Watercolor Flowers Chinese Style

*A Beginner's Step-by-Step Guide*

Lu He  
Shelly Bryant, translator

Follow the author's brush through four seasons, creating your own bouquet of flowers. In this step-by-step guide you will find:

- The basic tools you'll need for watercolor painting
- Basic watercolor techniques, including proper brush grip, brush movement, color mixing, layering and more
- Illustrated tutorials with clear steps for painting beautiful seasonal flowers in various styles
- Information about traditional Chinese flower culture

Author and illustrator **Lu He** specializes in combining Western watercolors with the style of traditional Chinese ink. The resulting beautiful, soft look integrates shape and spirit, freestyle and tradition, luxury and quiet elegance. By following his instruction, you will be able to create blooming flowers of different styles, whether delicate, beautiful, bold or gentle.

**Lu He** is a renowned Chinese watercolor painter, illustrator and best-selling author of art books. He designed the poster for "The Shape of Water," the Best Picture winner at the 2018 Academy Awards.



**\$19.99 flapped paperback**  
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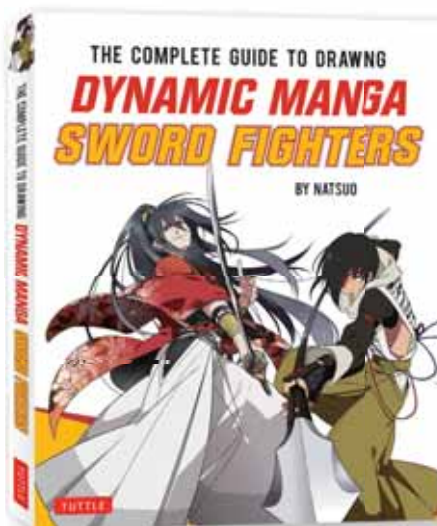
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## The Complete Guide to Drawing Dynamic Manga Sword Fighters

Natsuo

The legendary Samurai swordsmen (and women) and their sharp-edged katana blades are the focus of this action-packed guide to drawing sword fighters and battle scenes.

*The Complete Guide to Drawing Dynamic Manga Sword Fighters* provides a highly detailed series of lessons—starting with the fighter's stance and the ways your characters can be twisted, torqued and turned into powerful poses. Nothing is overlooked—from the grip on the weapon to the intense look in

your character's eyes. Also included is a chapter devoted to the razor-sharp weapons your characters can be armed with.

Natsuo is the pen name of a highly skilled artist who specializes in character design, digital illustration and TV animation. In addition to his expertise at drawing fight scenes and combat manga, he's contributed artwork and illustrations to the *Vazzrock* series, *Tsukipro the Animation* and *Phantom Thief Nocturne*.



### Also Available:



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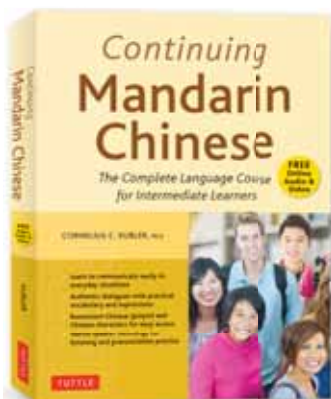
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*The Complete Language Course for Intermediate Learners*

Cornelius C. Kubler, Ph.D.

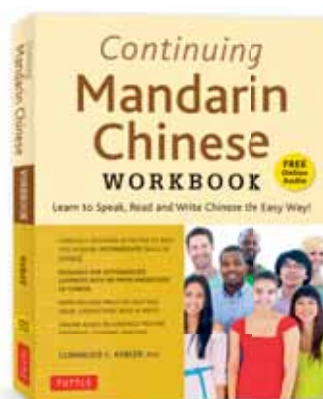
*Continuing Mandarin Chinese* is a new intermediate-level course in Mandarin Chinese by one of the most experienced language teachers in the field. The 24 lessons in this book are carefully designed to provide 3 hours per week of class instruction over one academic year. However, the books can also be used by self-study learners due to the extensive explanations and free online supplementary materials—including audio and video recordings, flash cards and additional readings and exercises.

Each lesson opens with a dialogue and includes a list of new and supplementary vocabulary along with questions and grammar notes about the dialogue, a reading section, and extensive exercises that can be found in the accompanying *Continuing Mandarin Chinese Workbook*.

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- Chinese grammar is explained in simple, non-technical terms with useful notes and tips
- Reading exercises are provided for all new words and phrases in every lesson
- Free online audio recordings by native speakers from various parts of China help you not only to acquire good pronunciation but also to understand Chinese speakers with different accents
- Illustrations, photos and supplementary video clips add cultural authenticity
- A Chinese-English dictionary is provided for easy reference

Cornelius C. Kubler is Stanfield Professor of Asian Studies at Williams College, where he chaired the Department of Asian Studies for many years. He has authored or coauthored more than 15 books and over 50 articles on Chinese language pedagogy and linguistics.

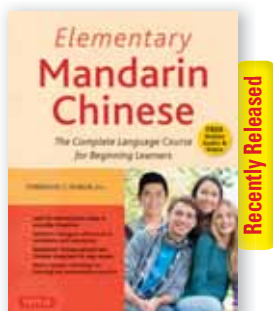


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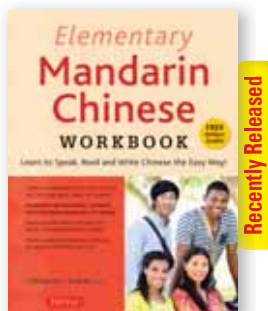
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Cornelius C. Kubler, Ph.D.



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Continuing Mandarin Chinese Textbook:



22 LESSON 2

1. GAS STATION ATTENDANT: 不必了? (no need to charge)  
好, 我收你二十五元。谢谢!  
Bùbǐ? Hǎo, wǒ shōu nǐ èrshíwǔ yuán. Xièxiè!  
It's not necessary? O.K., here's 25 YR for you. Thank you!

2. AMERICAN BUSINESSMAN: 好像油价又要涨了?  
Hǎoxiàng yóujià yòu yào zhǎng le?  
It looks like the price of gas is going up again?

3. GAS STATION ATTENDANT: 对, 是啊。从明天起油价又要调整了, 所以今天加油的车特别多。你看, 大排长龙呢!  
Duì, duì a. Cóng míngtiān qǐ yóujià yòu yào tiáozhěng le, suǒyǐ jīntiān jiāyóu de chē tèbié duō. Nǐ kàn, dà pái cháng lóng ne!  
Yes, that's right. Starting tomorrow, the price of gas is going to be adjusted again, so today there're especially many cars filling up. Just look at how long they're formed a long line!

**New Vocabulary**

|       |                   |                                      |
|-------|-------------------|--------------------------------------|
| 欢迎光临  | huānyíng guānglín | "we welcome your honorable presence" |
| 加油    | jiāyóu            | add gasoline, buy gas                |
| 公开    | gōngkāi           | open                                 |
| 看     | kàn               | think, consider                      |
| 满     | mǎn               | be full                              |
| 加满    | jiā mǎn           | fill up                              |
| 元     | yuán              | dollar (monetary unit)               |
| 统一    | tōngyī            | unify, unify                         |
| 编号    | biānhào           | serial number                        |
| 统一编号  | tōngyī biānhào    | unified serial number                |
| 油价    | yóujià            | price of gasoline                    |
| 涨     | zhǎng             | rise, go up                          |
| 从...起 | cóng...qǐ         | starting from...                     |
| 调整    | tiáozhěng         | adjust                               |
| 特别    | tèbié             | especially                           |
| 大排长龙  | dà-pái-cháng-lóng | forms a long line                    |

**Supplementary Vocabulary**

|     |              |   |
|-----|--------------|---|
| 骑   | qí           | ride, straddle (bicycle, motorcycle, horse) |
| 摩托车 | mótuōchē     | motorcycle                                  |
| 停车  | tíngchē      | park a car, park                            |
| 停车场 | tíngchēchǎng | parking lot                                 |
| 加油站 | jiāyóuchǎn   | gasoline station                            |
| 汽油  | qìyóu        | gasoline                                    |
| 价钱  | jiàqián      | price                                       |
| 待   | dài          | especially                                  |

**Notes on the Conversation**

**You also "will" again?**

In line 8 of the conversation take the sentence *Yóujià yòu yào zhǎng le* "The price of gas is going to rise again" or line 9 *Yóujià yòu yào tiáozhěng le* "The price of gas is going to be adjusted again." "You again," which normally means "again" for past situations, is used in spite of this being a future situation because the answer is that "the price of gas has gone up time and time again in the past and now here we go again." This is at the end of this pattern indicates anticipated change in a future situation. Example: *Tāmen yào yào lái le* "They're coming again." *Tíngchē chǎng yào yào xiǎng le* "I heard tomorrow it's going to rain again."

**Comp. of "beginning from"**

*Cóng...xiang* "from" and *qǐ* literally means "rise" or "arise." The pattern *cóng...qǐ* means "beginning from, starting from." A time word, place word, or question word fills the slot between the *cóng* and the *qǐ*. Example: *cóng míngtiān qǐ* "starting tomorrow," *cóng xiàgē yuè qǐ* "starting next month." In this pattern, the *qǐ* can serve by itself, as in the previous examples, or it can be suffixed to a one-syllable verb, as in *xià tiān hóu qǐ xià tiān qǐ cǎng nǐ shuō!* "I really don't know where I should start (talking) from" or *Yào jiūqu wǎn, yíngqǐ cǎng nǐ shuō?* "If you want to solve problems, from where should you begin (doing things)?"

**Reading**

**New Characters and Words**

|        |         |  |
|--------|---------|--|
| 307. 加 | jiā     | add                                    |
| 加州     | Jiāzhōu | California                             |
| 308. 油 | yóu     | oil, gasoline                          |
| 加油     | jiāyóu  | add gasoline, refuel, "hang in there!" |

Continuing Mandarin Chinese Workbook:

14 LESSON 1

**Reading and Writing Exercises**

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

A. Transcribe what you hear in the online audio into Chinese characters.

(1) \_\_\_\_\_

(2) \_\_\_\_\_

(3) \_\_\_\_\_

B. If a reference is given after a question, answer based on the referenced part of the Reading Exercises. If no reference is indicated, you may answer any way you wish.

(1) 那个老外为什么得上了公车以后再买票? B1

(2) 这个人知道不知道他的外国朋友现在在哪里? C1

(3) 请问, 你去过香港或者台湾吗?

(4) 要是有一个人见到你说"好久不见!", 那么你应该说什么?

LESSON 2

**Asking Directions to a Friend's House**

PART ONE

**Listening Comprehension Exercises**

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Based on the recorded passages, circle the best response to each of the questions that follow. You may listen to each passage as many times as needed.

**EXERCISE ONE: QUESTIONS**

1. Where was the woman when this conversation took place?

(A) In an alley  
(B) At a bus station  
(C) Next to a bank

2. In which direction is the speaker told to proceed?

(A) Toward the south  
(B) Toward the east  
(C) Toward the west

3. How many more minutes will it take for the woman to reach her destination?

(A) About 3 minutes  
(B) About 5 minutes  
(C) About 8 minutes

**EXERCISE TWO: QUESTIONS**

1. What is the basic problem?

(A) Someone is late.  
(B) The male speaker made a mistake.  
(C) The female speaker missed a map.

2. Who is the guilty party?

(A) Little Zhang  
(B) The male speaker  
(C) The female speaker

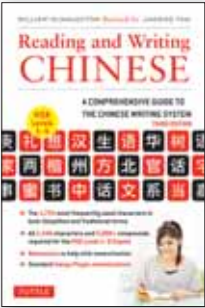
18 LESSON 2

**Character Practice Sheet**

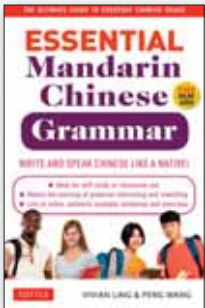
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|   |   |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |
|---|---|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|
| 转 | 一 | 二 | 三 | 四 | 五 | 六 | 七 | 八 | 九 | 十 | 十一 | 十二 | 十三 | 十四 | 十五 | 十六 | 十七 | 十八 | 十九 | 二十 |
| 跟 | 一 | 二 | 三 | 四 | 五 | 六 | 七 | 八 | 九 | 十 | 十一 | 十二 | 十三 | 十四 | 十五 | 十六 | 十七 | 十八 | 十九 | 二十 |
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| 具 | 一 | 二 | 三 | 四 | 五 | 六 | 七 | 八 | 九 | 十 | 十一 | 十二 | 十三 | 十四 | 十五 | 十六 | 十七 | 十八 | 十九 | 二十 |
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| 房 | 一 | 二 | 三 | 四 | 五 | 六 | 七 | 八 | 九 | 十 | 十一 | 十二 | 十三 | 十四 | 十五 | 十六 | 十七 | 十八 | 十九 | 二十 |

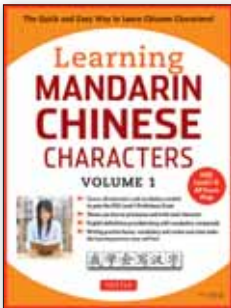
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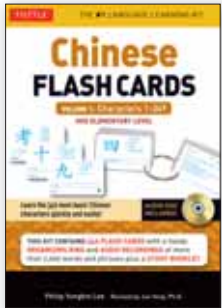
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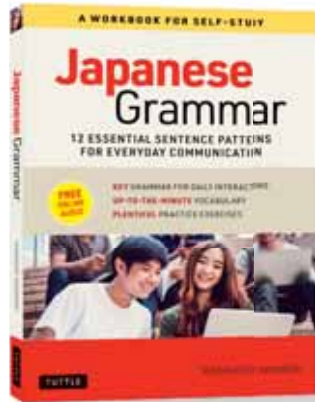
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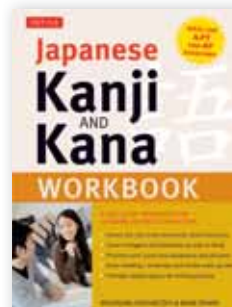
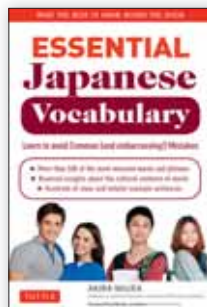
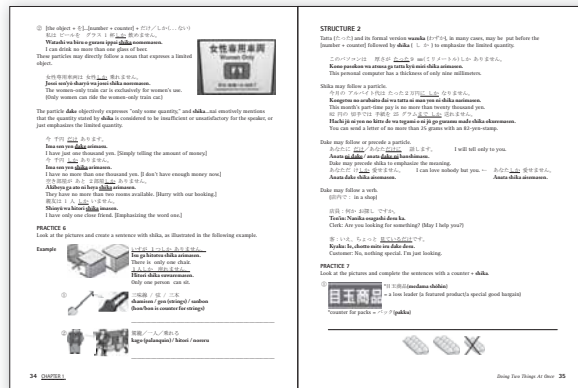
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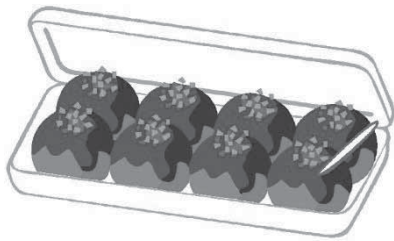
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## PRACTICE 2

Rephrase the following sentences and complete the whole sentences, as illustrated in the following example.

Example: ここに 荷物を 置きます。 → ここに 重い 荷物 は スーツケース です。  
Koko ni nimotsu o okimasu. (suitsu kesu) → Koko ni oku nimotsu wa suitsu kesu desu.  
The bag you put here is a suitcase.

- 友だちに 毎週 スポーツを します。  
Tomodachi ni maishu supōto o shimasu. (tenisu) \_\_\_\_\_ は \_\_\_\_\_
- 夜中に ネットで 音楽を 聴きます。  
Yonaka ni netto de ongaku o kikimasu. (jazu) \_\_\_\_\_ は \_\_\_\_\_
- 彼女に おみやげを あげます。  
Kanojo ni omiyage o agemasu. (chokoetto) \_\_\_\_\_ は \_\_\_\_\_
- よく マンガを 読みます。  
Yoku manga o yomimasu. (dorangobōru) \_\_\_\_\_ は \_\_\_\_\_
- ときどき 和食を 食べます。  
Tokidoki washoku o tabemasu. (sushi) \_\_\_\_\_ は \_\_\_\_\_

## GRAMMAR 2

The other plain forms of the verb/adjective can also modify the following noun.

### 1. In the case of verbs

| Plain form<br>(of verb) | Dictionary form<br>TA-form (past form) [〜た]<br>NAI-form (negative form) [〜ない]<br>TE-IRU form (progressive form) [〜ている] | Polite form<br>(of verb) | Present 〜ます<br>Past 〜ました<br>Negative 〜ません<br>Progressive 〜ています |
|-------------------------|--|--------------------------|--|
|-------------------------|--|--------------------------|--|

NOTE: IRU of the TE-IRU (〜ている) form is, in fact, the dictionary form. In the same way, you can consider いた and ていない to be the TA-form and NAI-form respectively.

Example: 私が している ゲーム は RPG ゲームです。 The game I am playing is an RPG.  
Watashi ga shiteiru gēmu wa aru pīji gēmu desu. \*RPG = a role-playing game

### 2. In the case of adjectives

| Plain form<br>(of adjective) | Dictionary form [〜い]<br>TA-form [〜かった]<br>NAI-form (negative form) [〜くない] | Polite form<br>(of adjective) | Present 〜いです<br>Past 〜かったです<br>Negative 〜くありません |
|------------------------------|---|-------------------------------|---|
|------------------------------|---|-------------------------------|---|

Example: 重くない スーツケース が いいです。 The suitcase which is not heavy is better.  
Omosukunai suitsu kesu ga i desu.

### 3. In the case of (adjectival) nouns

| Plain form<br>(of adjectival noun) | Modifying form:<br>[adjectival noun + な] [noun + の]<br>TA-form [〜だった]<br>NAI-form [〜じゃない] | Polite form<br>(of adjectival noun) | Present 〜です<br>Past 〜でした<br>Negative 〜じゃないです |
|------------------------------------|---|-------------------------------------|--|
|------------------------------------|---|-------------------------------------|--|

Example: 病気だった 父が 今は元気です。 My father, who was sick, is now okay.  
Byōki datta chichi ga ima wa genki desu.

## STRUCTURE 2

1. In the case of verbs  
The phrase below in [ ] with the plain form of the verb (Dictionary form, TA-form, NAI-form, etc.) modifies the following noun. Note that the modified noun is not always the object of the action expressed by the verb, as in ②-③.

- TA-form + NOUN:  
[私が きのう 見た 空港] は 清水寺です。  
[Watashi ga kinō mita otera] wa kiyomizadera desu.  
The temple I saw yesterday was Kiyomizadera.
- TA-form + NOUN:  
[私が きのう 書いた 空想] は 関空です。  
[Watashi ga kinō shita kōkō] wa kankū desu.  
The airport I arrived at yesterday was Kankū.
- TE-IRU form + NOUN:  
[車が 寝ている ターブル] は 「こたつ」と言います。  
[Kura ga nete iru taburu] wa "kotatsu" to iimasu.  
The table where cars sleep is called a kotatsu.

Using Verbs to Modify Nouns 11



## COMPARE

|   |  |  |
|---|--|--|
| 見えますか。<br>Miemasu ka.<br>Can you see it? / Is it visible to you?              | 見られますか。<br>Miraremasu ka.<br>Can you see it? / May I see it? (asking for permission) | 見ることができますか。<br>(♡ 見ていいですか。)<br>Miru koto ga dekimasu ka.<br>(♡ Mireru i desu ka.)<br>May I see it? (mostly asking for permission)        |
| 聞えますか。<br>Kikoemasu ka.<br>Can you hear it (or me)? / Is it audible (to you)? | 聞けますか。<br>Kikemasu ka.<br>May I listen to it? (maybe asking for permission)          | 聞くことができますか。<br>(♡ 聞いていいですか。)<br>Kiku koto ga dekimasu ka.<br>(♡ Kiteru i desu ka.)<br>May I listen to it? (mostly asking for permission) |

## PRACTICE 5

Look at the pictures and create a sentence. Use mien or kikoeru.

- \_\_\_\_\_
- \_\_\_\_\_

## STRUCTURE 2

The potential forms of saying, thinking, and guessing (formal written style) SENTENCE + と言えらるゝと考えらるゝと思われ

- 〜と 言えらるゝ...to ieruru It can be said that... / We can say that... / It is arguable that...  
最近 は 結婚を したくない 若い人が 増えている と言えらるゝ。  
Sakin wa kekkon shitakunai wakai hito ga fuete iru to iemasu.  
It can be said that the number of young people who do not want to marry is increasing.
- 〜と 考えらるゝ...to kangaeaseruru It can be thought that... (考える to think, to consider)  
洪水の原因は 地球温暖化だと 考えらるゝ。  
Kōmō no gen'in wa chikyū onnaka de to kangaeaseruru.  
It is arguable that the cause of the flood is global warming.

- 〜と 思われゝ...to omowaseruru It can be thought that... (思ふ to think, to predict)  
戦争が 起こるとは 思われぬ。  
Senshi ga okoru to wa omowaseranu.  
It is unthinkable that a war may occur.

## PRACTICE 6

Use one of the phrases (...to ieru, ...to kangaeaseruru, and ...to omowaseruru) and create a free sentence. Compare your answers with examples given on page xx.

## CONVERSATION 温泉

けんじ: マイクさん、温泉に 入れますか。  
マイク: はい、入れます。 思います。  
けんじ: みんなと 一緒に 裸で 入れますか。  
マイク: みんなと 裸で 入ったことが ありません。でも、大 丈夫 ですよ。  
けんじ: じゃ、今から 入りますよ。  
マイク: そうですね。タオルは 脱いで 入ることが できません。  
けんじ: エ、なぜですか。  
マイク: お風呂のお湯が 汚れますね。湯船は 暖まる ところですよ。  
マイク: じゃ、どこで 洗えますか。  
けんじ: まず 湯船の外で 洗えます。湯船の 中で 洗うことが できません。  
マイク: そうですか。タオルは、どうしたら いいですか。  
けんじ: タオルは 頭の上に 乗せて 入ることができますよ。

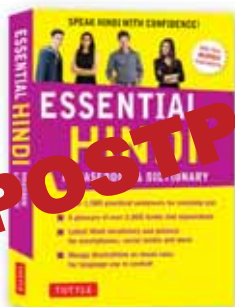


## ONSEN (HOT SPRING)

Kenji: Maiku san, onsen ni hairimasu ka.  
Can you go into a hot spring, Mike?  
Mike: Hai, haireru to omoimasu.  
Yes, I think that I can.  
Kenji: Can you enter naked with us?  
Mike: Minna to isshoni hadaka de haitta koto ga arimasen. Demo dajibou desho.  
I haven't entered it naked with many people. But probably, it will be OK.  
Kenji: Ja, ima kara hairimasaba.  
Then, let's enter right now.  
Mike: Kōyatte hairimasu ne.  
Do I go in like this?  
Kenji: A, dōzo desu ne. Tawara o tukete hairu koto ga dekimasen.  
Oh, that's wrong. You cannot enter with your towel soaked.  
Mike: E, naze desu ka.  
What? Why is it?

The Potential Form of the Verb 25





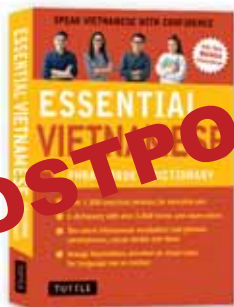
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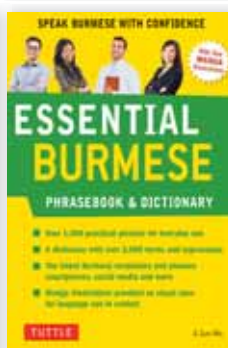
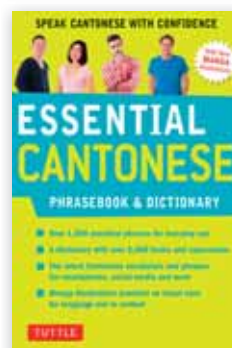
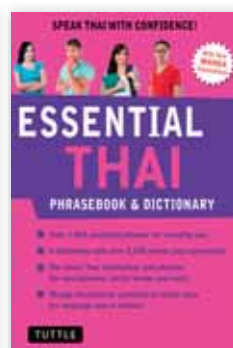
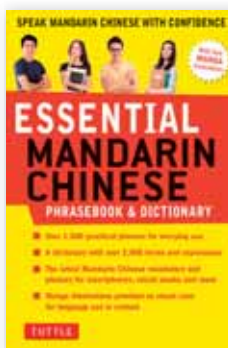
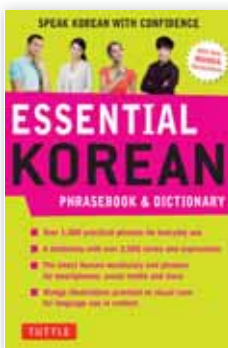
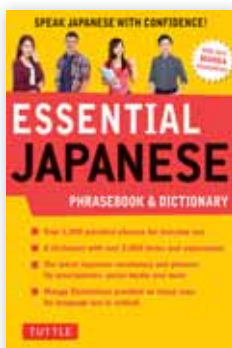
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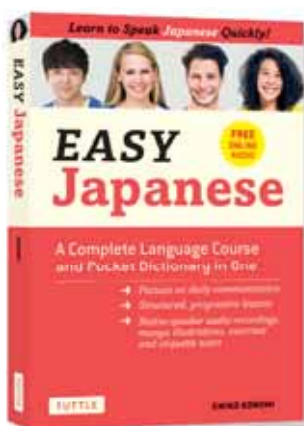
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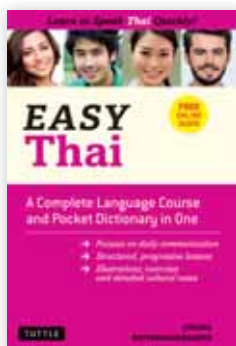
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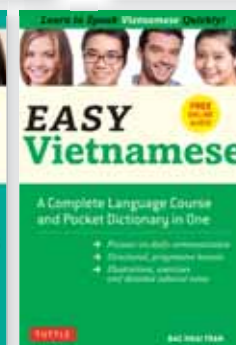
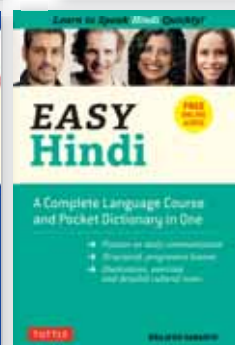
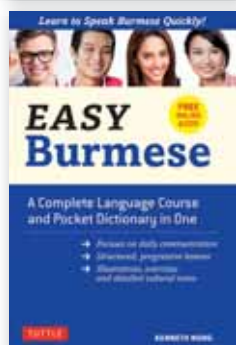
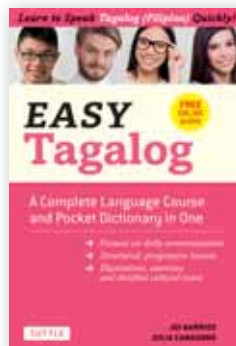
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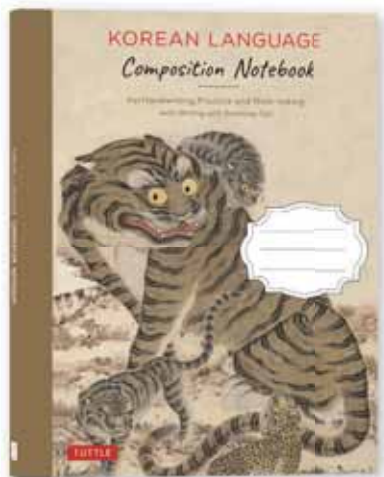
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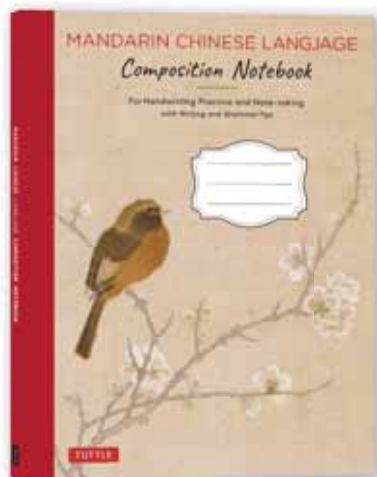
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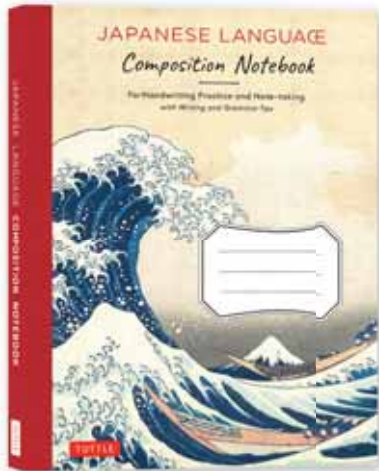
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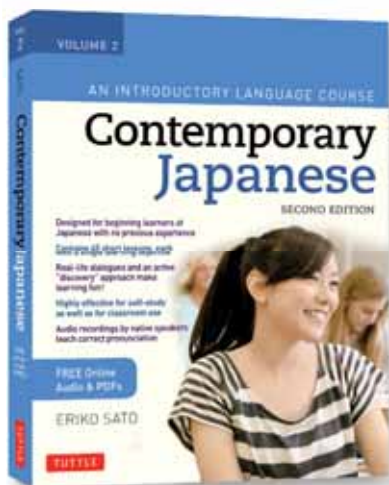
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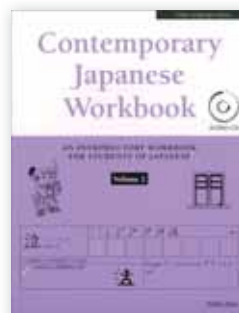
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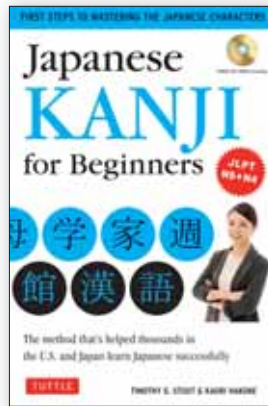
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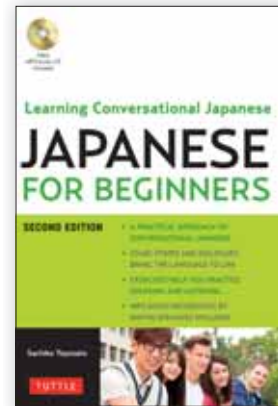
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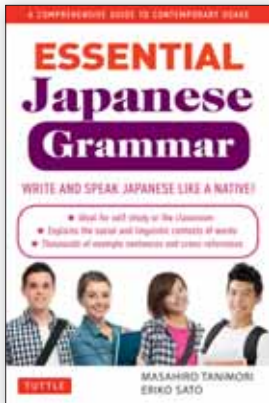
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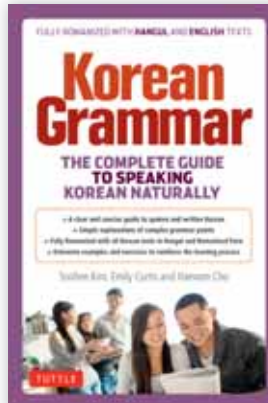
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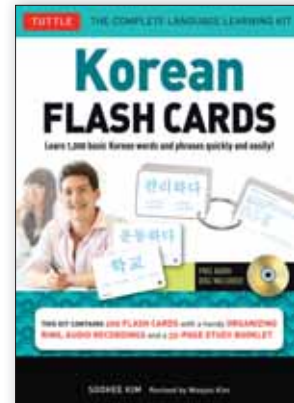
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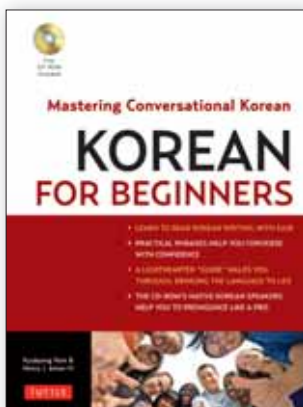
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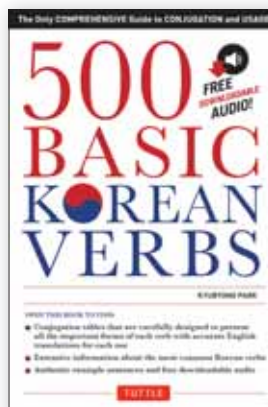
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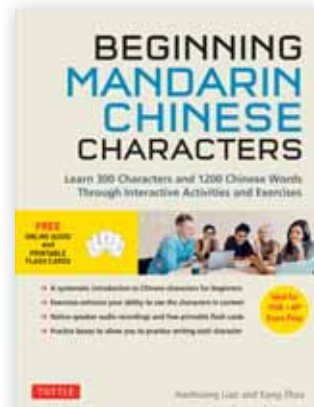
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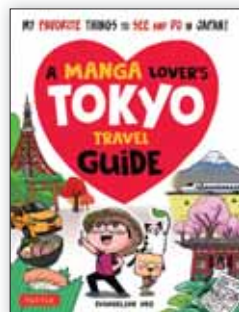
Julie Blanchin Fujita studied art at the University of Toulouse and the College of Visual Arts in Strasbourg. She has illustrated six other books in her native France. In 2009, she set off with only a rucksack on her back to have an adventure in Tokyo—an adventure that continues to this day.

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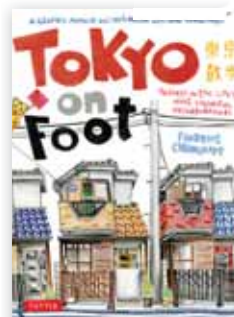


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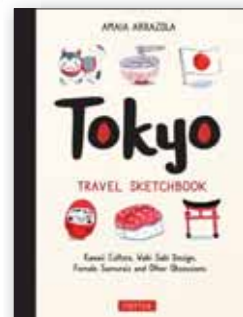
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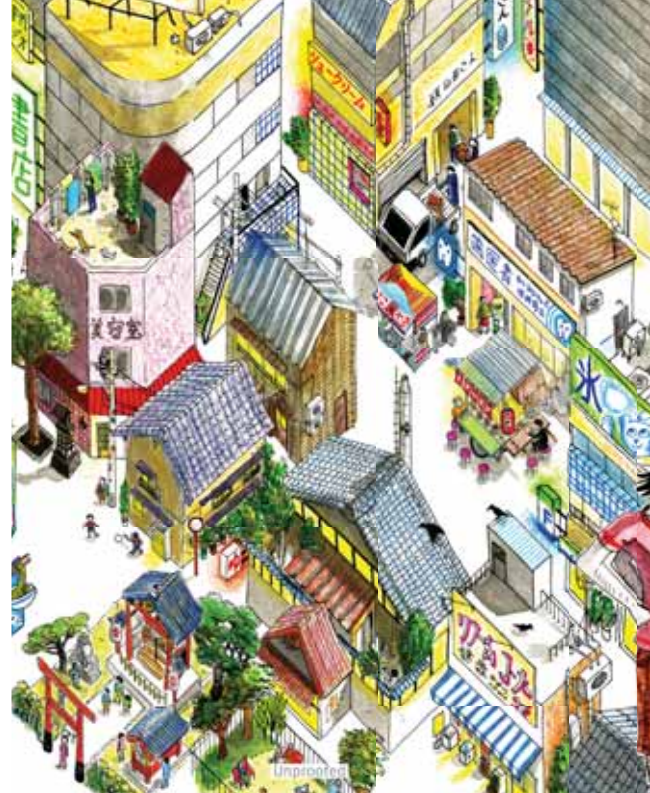
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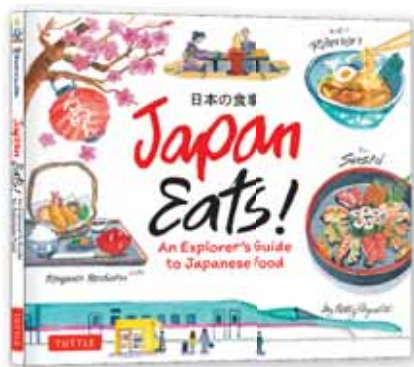
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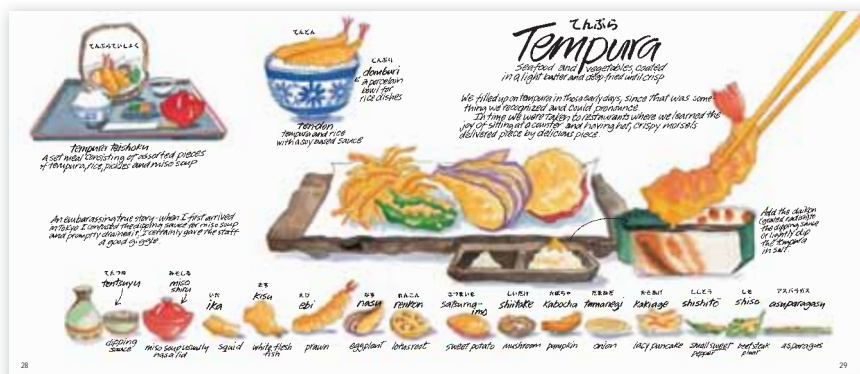
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Betty Reynolds lived in Japan for seven years. Though she now lives in the US, her heart remains in Japan. She is the author of *Clueless in Tokyo*, *Tokyo Friends* and *Japanese Celebrations*.



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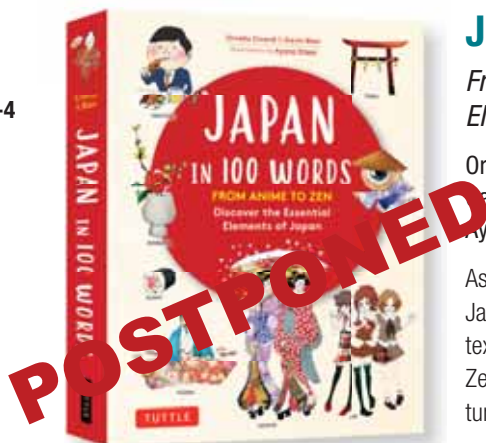
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Gavin Blair covers the Japanese entertainment industry for *The Christian Science Monitor* and *The Hollywood Reporter*, and reports on Japan for France 24 TV, CBC/Radio-Canada, Al Jazeera and BBC Radio.

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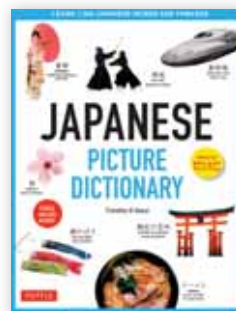
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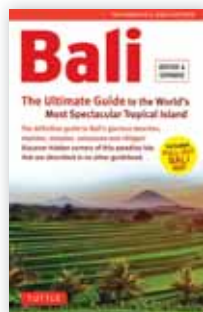
**I Wayan Dibia** is a dancer, musician and choreographer. He received his Ph.D. from the University of California before becoming a choreography professor at the College of Indonesian Arts.

**Rucina Ballinger** is an American educator and lecturer on Balinese culture. She is an accomplished dancer and performs extensively in Bali.

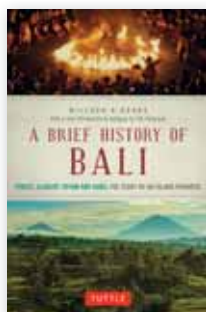
**Barbara Anello** is an American artist, writer and photographer who divides her time between Manhattan and Bali. She has exhibited her paintings and photographs in the US, Europe and Asia.



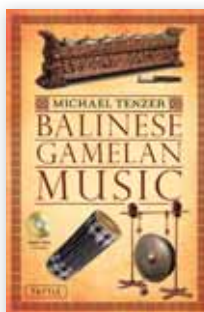
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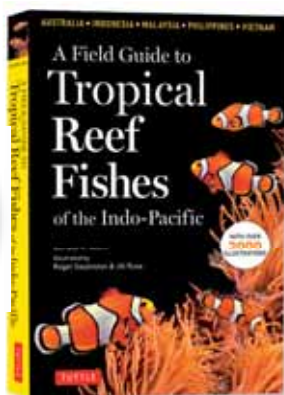
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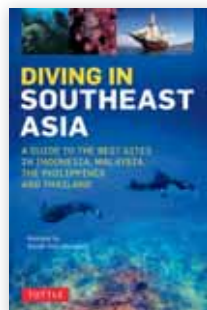
Dr. Gerald R. Allen served as senior curator of fishes at the Western Australian Museum between 1974 and 1997 and is an international authority on the classification of coral reef fishes and freshwater fishes of Australia and New Guinea.

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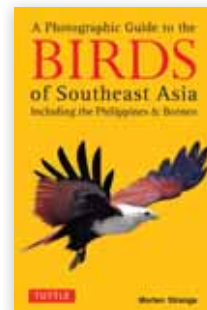
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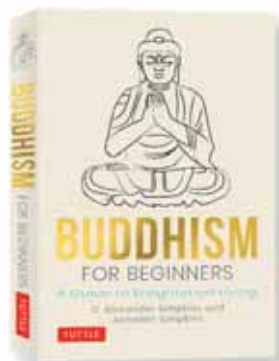
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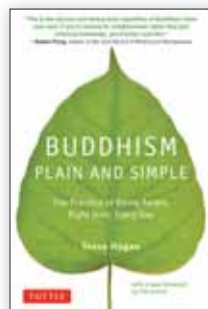
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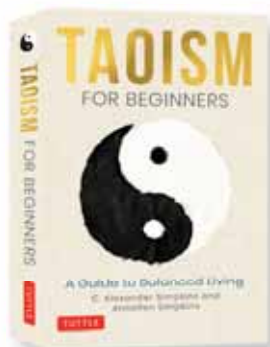
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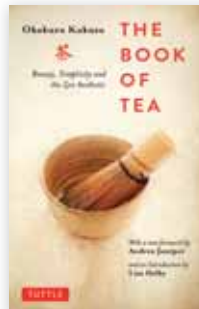
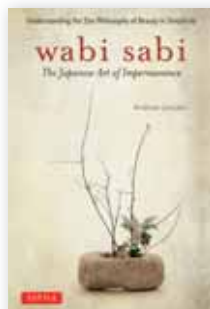
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*Taoism for Beginners* is a practical guide to applying the key concepts and beliefs of Taoism to your own life. In this book, the authors tap into their years of training in meditation, martial arts and Eastern philosophy to provide readers with a comprehensive introduction to this ancient religion, including:

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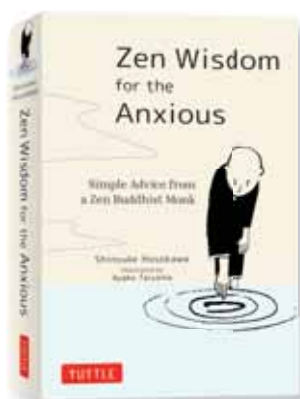
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Shinsuke Hosokawa  
Ayako Taniyama, illustrator

According to Buddhist monk and author Shinsuke Hosokawa, Zen can be summed up as “the knowledge needed for a person to live life with a positive outlook.”

With this in mind, he has produced this charmingly simple collection of thoughts and sayings to help you live life day to day with less stress and anxiety. The sayings in this book include:

- “Pay attention to what is right in front of your eyes”
- “Be careful not to confuse the means with the purpose”
- “Keep flowing just like water”
- “Even a bad day is a good day”
- “Check the ground beneath your feet when you’re in trouble”

These 52 mindful sayings mirror the 52 steps taken to achieve Buddhist enlightenment and they coincide with the 52 weeks of the year—a journey through the seasons, both in the natural world and in our lives. Each page has an illustration and a simple, meditative reflection to help you look into your own heart, accept your current state of being, reduce your anxiety and find calm.

Shinsuke Hosokawa is the chief priest of Ryu-un-ji, a Zen Buddhist temple in Tokyo. His late grandfather was the renowned Zen Buddhist priest Taido Matsubara. His activities range from publishing Zen-related books to coaching actors who appear as Zen monks in TV dramas.

If you put your hands in water, you may catch the moon.



Do not be too obstinate.

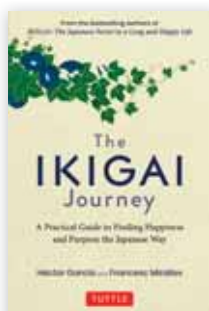


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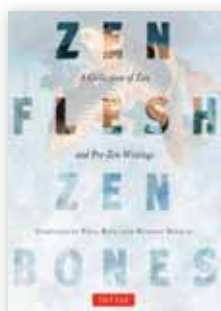
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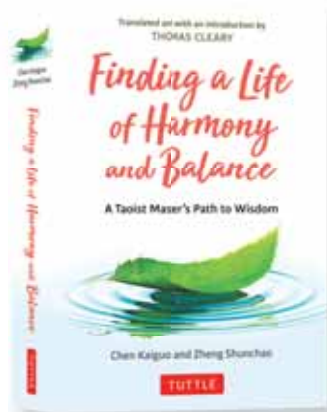
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## Finding a Life of Harmony and Balance

*A Taoist Master's Path to Wisdom*

Chen Kaiguo  
 Zheng Shunchao  
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This authorized biography of contemporary Taoist master Wang Liping (1949-) tells the true story of his apprenticeship and the extraordinary body of mystical Taoist knowledge, wisdom and ritual practices that was passed to him after being accumulated and refined over eleven centuries.

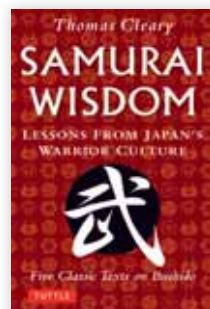
This book opens with a seemingly chance encounter with three Taoist elders that changed Wang Liping's life forever when he was a young boy. What follows is a philosophical coming-of-age tale like no other, playing out in mountainside temples and remote reaches of China. Wang's story parallels that of the Dalai Lama for—like Tibetan Buddhists—Dragon Gate Taoists identify, raise and train specially chosen youngsters to become the guardians and transmitters of their ancient, esoteric spiritual wisdom.

While few of us can become spiritual masters like Wang, his story speaks clearly and consciously to modern readers who are on their own “chosen paths”—seeking forms of self-cultivation, enlightenment, wisdom and a life of greater harmony and truth.

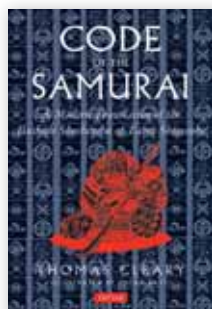
Chen Kaiguo and Zheng Shunchao are students and practitioners of Dragon Gate Taoism and longtime disciples of Wang Liping. They were educated in Beijing and currently reside in Shenzhen, China.

Thomas Cleary is the best selling author and translator of a wide range of philosophical and religious classics from Sanskrit, Chinese, Japanese, Pali and Arabic. He holds a Ph.D. in East Asian languages and civilizations from Harvard University.

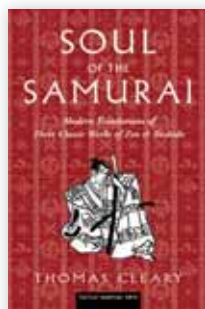
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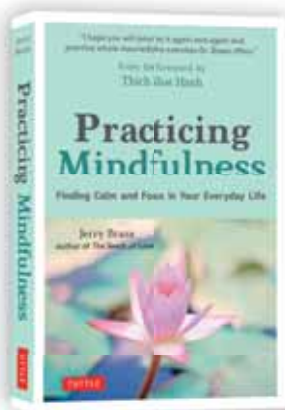
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## Practicing Mindfulness

*Finding Calm and Focus in Your Everyday Life*

Jerry Braza  
Thich Nhat Hanh, foreword

Thousands of readers—from prisoners to priests—have embraced Jerry Braza’s insights—adopting and integrating the mindfulness practices and habits this book presents. This new edition expands on the author’s time-tested approach, introducing in-the-moment thinking and techniques to bring clarity, focus and energy to a new generation of readers.

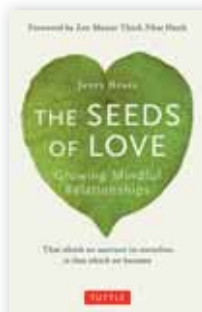
This practical guide to mindfulness contains reflections, actions and practices that will assist you in many different ways:

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- Intensify your personal relationships
- Calm and quiet your mind
- Change negative feelings and habits to positive ones
- Heighten your productivity and concentration
- Address unresolved emotional issues and concerns

Practicing mindfulness means performing all activities consciously. This awareness enables us to become more fully alive in the moment, enjoying life to the fullest and avoiding the stress and guilt that have become a part of our everyday existence. Based on the author’s Mindfulness Training Program, Braza provides simple exercises to apply these practices everyday.

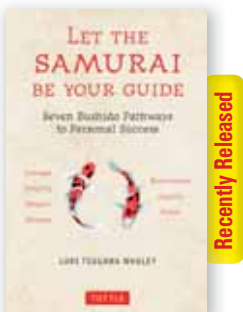
Dr. Jerry Braza has been a leading voice in the field of health, psychology and mindfulness for over 35 years. He is the author of *The Seeds of Love*, as well as a professor emeritus and dharma teacher ordained by Buddhist Master Thich Nhat Hahn.

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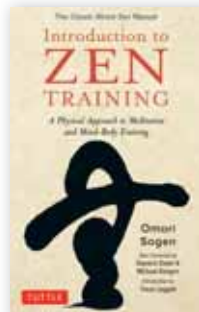


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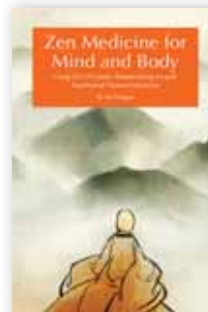
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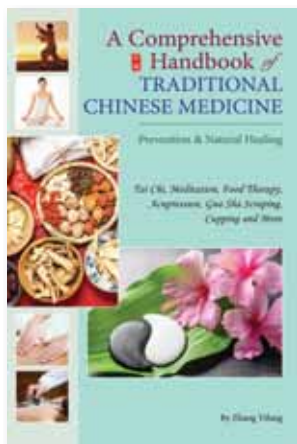
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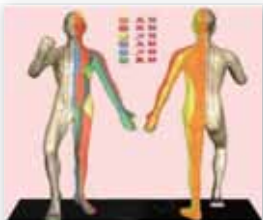
Zhang Yifang

The culture underlying TCM is broad and the information incredibly extensive, which means it can be difficult to know where to start for those who are interested in learning. This book does just that, providing both an encyclopedia of knowledge in the field, while also acting as a practical manual to guide readers to greater health. It offers an effective, easy-to-learn set of daily TCM skills and expert advice on how to use them.

Through this book, you can learn:

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Zhang Yifang, MD has more than 30 years of clinical and teaching experience in the United States, China, and England. She is an expert TCM practitioner, as well as an associate professor, consulting doctor, licensed herbalist, and acupuncturist.



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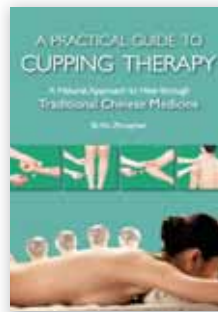
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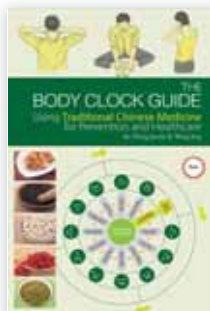
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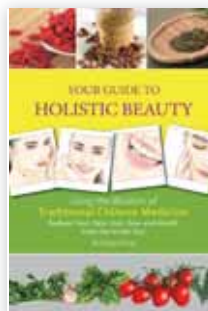
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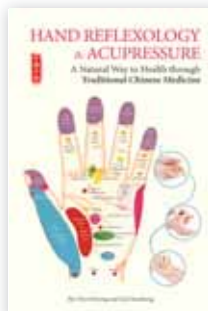
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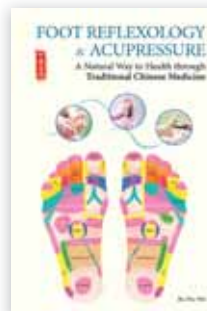
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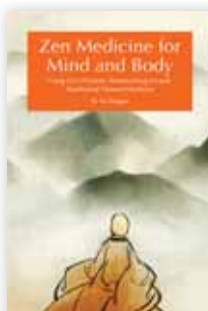
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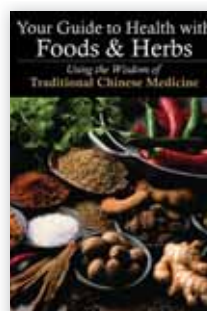
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## By the Same Author:



## Zen Garden Design

*Mindful Spaces by Shunmyo Masuno*  
*Japan's Leading Garden Designer*

Mira Locher  
Shunmyo Masuno  
Terunobu Fujimori, foreword



Zen Buddhist priest Shunmyo Masuno understands that today's busy world leaves little time or space for self-reflection, but that a garden—even in the most urban of spaces—can provide some respite. In his words, “The garden is a special spiritual place where the mind dwells.” With this in mind, Masuno has designed scores of spectacular modern Japanese gardens and landscapes with the aim of helping people achieve a more balanced life in the 21st century.

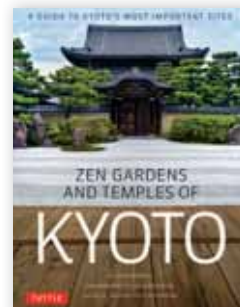
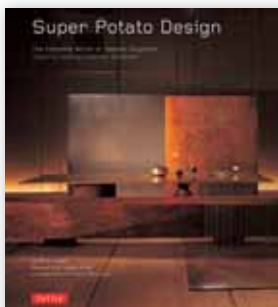
This book explores Masuno's design process and ideas, which are integral to his daily Zen training and practice. It presents 16 unique gardens and contemplative landscapes in six countries—all thoughtfully described and documented in full-color photos and drawings. Readers will find insights on Masuno's philosophy of garden design and a conversation with the designer and famed architect Terunobu Fujimori.

**Mira (Mimi) Locher** is an Associate Professor of architecture in the College of Architecture and Planning at the University of Utah, and the author of many books on Japanese architecture, including *Super Potato Design*, *Japanese Architecture* and *Zen Gardens*.

**Shunmyo Masuno** is the head priest of Kenkohji, a Sōtō Zen Buddhist temple in Yokohama, as well as the principal founder of Japan Landscape Consultants and a professor at Tama Art University. Masuno is the author of more than 100 books on the practice and teachings of Zen Buddhism, as well as garden design and landscape architecture.

**Terunobu Fujimori** is an architect and architectural historian whose works are found around the world from Germany to Dubai and Denmark to India. He is the director of the Edo-Tokyo History Museum and emeritus professor of Tokyo University.

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Zen gardens provide peaceful places of contemplation. The designs in this book feature a richness of materials such as water, plants, rocks, and bamboo. They create a spiritual haven for the soul.



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## Easy Ikebana

*30 Beautiful Flower Arrangements You Can Make in Three Simple Steps*

Shinichi Nagatsuka

You don't need exotic plants or expensive vases to create a stunning, Japanese-style floral arrangement. Even a single flower from your garden or local flower shop, combined with a simple container that matches its size and shape, can result in a uniquely beautiful addition to your space.

*Easy Ikebana* shows you how to apply the principles of ikebana in three simple steps:

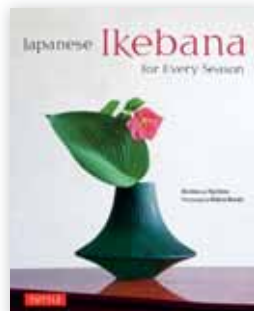
- Prepare your stems and leaves
- Place your flower(s)
- Add foliage to complement them

These arrangements show how striking understatement can be—not to mention how affordable! The gentle lessons in this book take the stress out of flower arranging, and make it a relaxing and satisfying activity, anytime of the year! The stunning photos will inspire you with the beauty and power of simplicity—the very heart of ikebana.

Shinichi Nagatsuka is an award-winning floral designer whose work has graced many important events such as the ceremony marking the Dalai Lama's visit to Japan. He is also an author and instructor, and the president of N Flower Design International.



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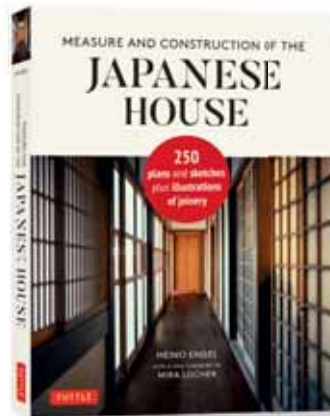
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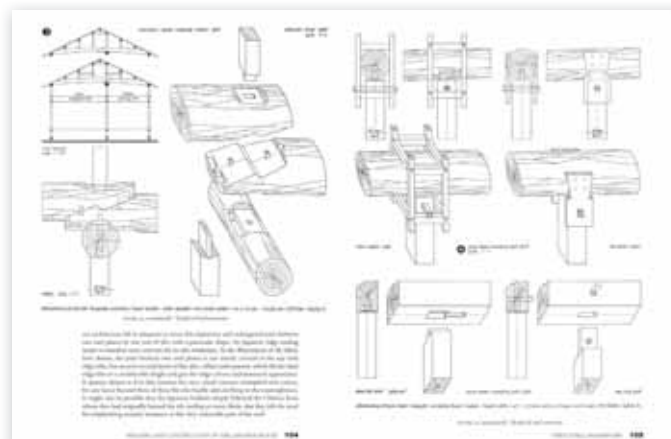
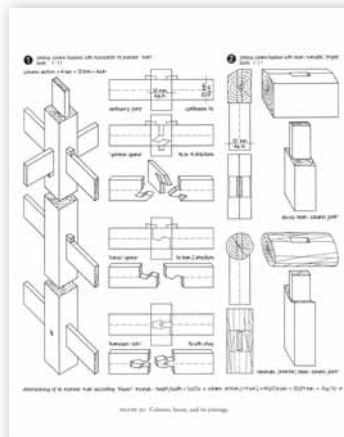
Heino Engel  
Mira Locher, foreword

This amazing book is not simply a description of the basic features of the Japanese house, but “an invitation to probe the possibilities of utilizing this architectural achievement of the Japanese... in modern living and building.” According to the author, the unique elements of the Japanese house are better suited as a pattern for contemporary living than any other form of residential architecture.

With a new foreword by architect and professor Mira Locher, Fellow of the American Institute of Architects, this updated hardcover edition brings this popular work to a new generation of readers—in hopes that they may find ideas to apply in their own work and homes.

**Heino Engel** studied architecture in Germany before leaving for Japan in the summer of 1953. He remained in Japan, studying the Japanese house, people, life, language, and culture, and also becoming a member of the Architectural Institute of Japan.

**Mira Locher, FAIA**, is an Associate Professor and the Chair of the School of Architecture at the University of Utah. Her research and teaching focus on Japanese architecture and design, and she regularly works in both the US and Japan.



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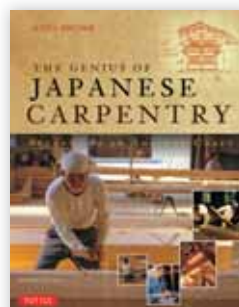
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## Introduction to Bonsai

*The Complete Illustrated Guide for Beginners*

*Bonsai Sekai* Magazine  
Kyosuke Gun, illustrator

Prepared by the editors of Japan's popular *Bonsai Sekai* (Bonsai World) magazine, this illustrated guide is designed to demystify the art of Bonsai cultivation—showing you how to make and maintain beautiful Bonsai by following a few simple steps. This book covers every aspect of Bonsai from seeds to root systems, to basic pruning and watering techniques.

*Introduction to Bonsai* contains all the information you need to create and maintain your Bonsai:

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*Bonsai Sekai* (Bonsai World) is the leading Japanese magazine for Bonsai lovers. Over the years, it has brought together practitioners from around the world to share techniques, organize exhibitions and foster a love of Bonsai cultivation and appreciation.

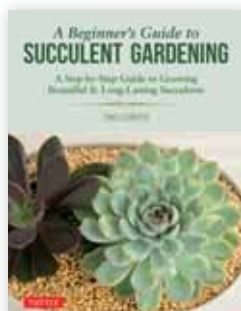
Kyosuke Gun has been a botanical illustrator and Bonsai practitioner for nearly fifty years, raising approximately 450 species and nearly 5,000 plants over five decades of Bonsai cultivation.

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## Japanese Kokeshi Dolls

*Japan's Iconic Wooden Figures*

Manami Okazaki

This comprehensive guide by Kokeshi expert Manami Okazaki tells you everything there is to know about Kokeshi dolls—from their history to their production methods and current design trends. Through interviews with leading artists, and firsthand descriptions of their workshops and design pieces, Okazaki presents detailed portraits of both traditional and modern styles of dolls being crafted today.

Kokeshi are characterized by their simple and charming shapes and lack of arms and legs. They originated in Japan's remote northern region of Tohoku. Though they began as children's toys made from scraps of wood, Kokeshi have today become popular collectors' items and have even inspired manga and anime characters.

This comprehensive survey includes:

- Interviews with leading Japanese Kokeshi craftsmen
- Answers to common questions about kokeshi dolls
- Guides to Japan's most famous Kokeshi producing regions
- The work of several international Kokeshi artists outside Japan
- Information on how to buy the dolls—whether directly from the makers or from stockists
- And much more!

Manami Okazaki has written extensively about the Tohoku region and has curated kokeshi events in London, Paris, Rome and Los Angeles.



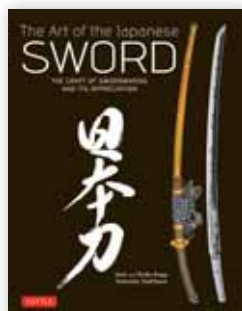
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## **Zheng Chongbin, I Look for the Sky**

Abby Chen  
Maya Kovskaya  
Jay Xu, foreword

Zheng Chongbin sculpts light and space to shift our perspective of the sky and our place in the ever-changing world.

*Zheng Chongbin, I Look for the Sky* documents a solo exhibition of new works by Bay Area-based, Chinese contemporary ink artist Zheng Chongbin. The exhibition

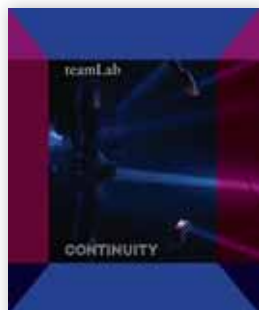
consists of a newly-commissioned, large-scale ceiling installation in AAM's Bogart Court and a light tunnel/environment surrounded by an installation of paintings in AAM's Osher Gallery, opening in June 2020. The publication historicizes this prominent, mid-career artist through two scholarly essays and an artist statement related to the new works in the exhibition.

**Abby Chen** is Senior Associate Curator and Head of Contemporary Art at the Asian Art Museum of San Francisco.

**Maya Kovskaya** is a Chiang Mai-based political theorist, cultural critic, curator and the winner of the 2010 Yishu Award for Critical Art Writing.

**Jay Xu** is Executive Director of the Asian Art Museum of San Francisco. He is the first Chinese American Director at a major US art museum and first Asian American Museum Director elected to the American Academy of Arts and Sciences.

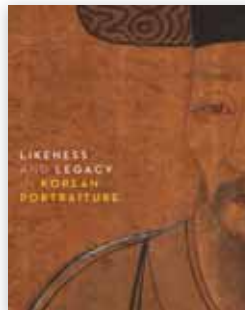
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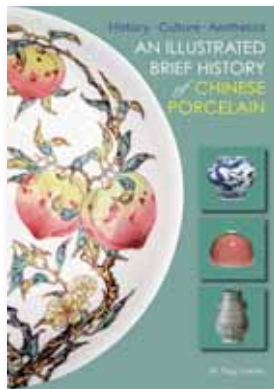
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*An Illustrated Brief History of Chinese Porcelain* explains the cultural implications and the aesthetic and philosophical concepts which underlie the porcelain we know today. By making extensive use of archaeological material, as well as new research, this book provides a condensed, comprehensible, but complete overview of the history of Chinese porcelain.

Yang Guimei is a senior researcher and exhibit developer at the National Museum of China. She was responsible for the major exhibit "Passion for Porcelain: Masterpieces of Ceramics from the British Museum and the Victoria and Albert Museum."



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## **The Martial Arts of Indonesia**

*A Guide to Pencak Silat, Kuntao and Traditional Weapons*

Donn F. Draeger

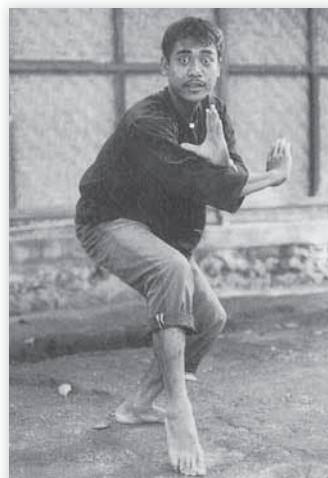
Gary Gartenberg, foreword

*The Martial Arts of Indonesia* is a classic work by renowned martial arts scholar and teacher Donn F. Draeger that provides a comprehensive introduction to the sophisticated forms of empty-hand combat and weapons found throughout Indonesia and Malaysia. Acrobatic fighting styles like Pencak Silat—which was granted World Cultural Heritage status by UNESCO in 2019—and Kuntao are now growing in popularity worldwide.

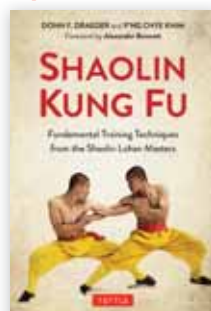
This new edition includes a foreword by Gary Gartenberg, the world's leading expert on the Indonesian martial arts, which explains the lasting importance of this classic study and highlights the ongoing importance of Pencak Silat in Indonesian culture. With over 400 photos and illustrations of movements and weapons that showcase the intricacies of the Indonesian fighting forms, *The Martial Arts of Indonesia* is an indispensable addition to any martial artist's library.

Donn F. Draeger (1922–1982) was one of the world's leading authorities on the weapons and fighting arts of Asia. His many publications include *Judo Formal Techniques*, *Shaolin Kung Fu* and the six-volume *Practical Karate* series.

Gary Gartenberg is a strategist, researcher, translator and content creator for projects regarding Indonesian arts and artifacts worldwide, with a specialization in Indonesia's national sport, pencak silat.

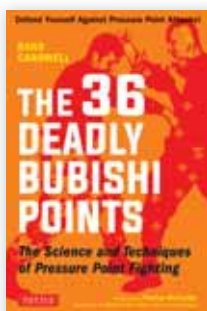


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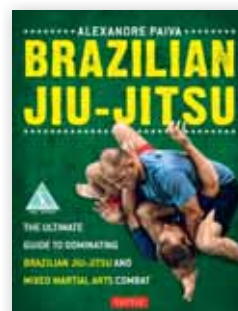
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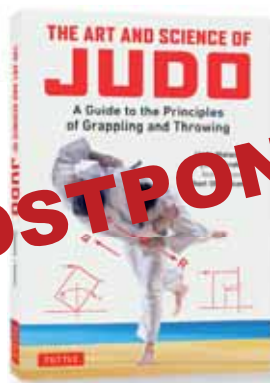
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## **The Art and Science of Judo**

*A Guide to the Principles of Grappling and Throwing*

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Risei Kano, foreword

Neil Ohlenkamp, foreword

In this unique book, Judo instructors Jiichi Watanabe and Lindy Avakian employ modern scientific methods to examine the physical principles underlying Judo techniques and mechanics. By understanding the science behind the art, you are better prepared to perform the right moves at the right time and successfully meet the challenges of responding to an opponent.

With over 200 illustrations and 40 photos, this guide expertly demonstrates the forces that are employed when performing common Judo throws and grappling moves—such as hip throws, foot sweeps, collar holds, and many more.

A new foreword by expert Judo instructor Neil Ohlenkamp offers insights on the book's importance as a resource for every Judo practitioner and instructor. *The Art and Science of Judo* is a fascinating and invaluable work, which will help you achieve success by not only understanding what techniques to master but why they work and when to use them.

Jiichi Watanabe was a sixth-degree black belt and a pioneer in the scientific study of Judo.

Lindy Avakian (1927–2003) studied Judo in Japan while serving in the U.S. Air Force before going on to train American Special Forces in self-defense.

Neil Ohlenkamp is a seventh-degree black belt, the author of *Judo Unleashed* and served as head coach of the US Judo squad at 2 Paralympic Games.

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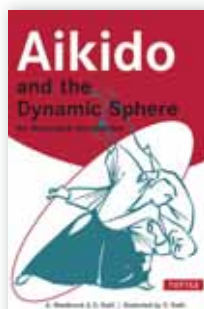
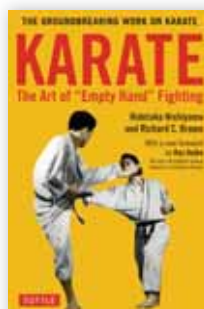
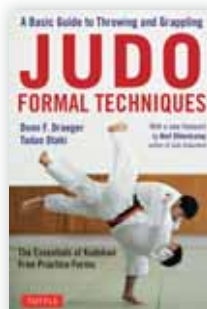
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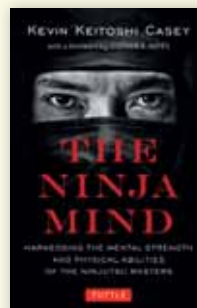
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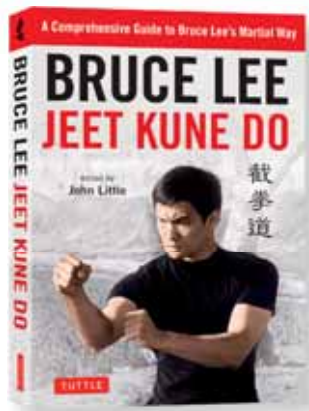
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- 2020 commemorates Bruce Lee's 80th birthday (November 27)
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## Bruce Lee Jeet Kune Do

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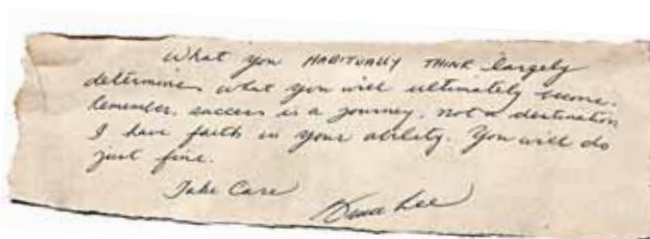
In 1970, Bruce Lee suffered a serious back injury which confined him to bed for six months. Rather than allowing this to slow his growth as a martial artist, he feverishly read books on Eastern philosophy and Western psychology. It was during this time that Lee wrote down his ideas and opinions on the art of unarmed combat, and how they apply to everyday life, that formed the core of this book.

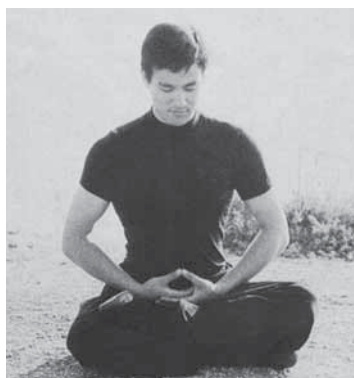
The development of Jeet Kune Do—his unique martial form, and its principles, techniques and philosophy—are presented here in Bruce Lee's own words, drawings and photos. This book is the only complete and official version of *Jeet Kune Do* published in cooperation with the Lee family estate, and is the most comprehensive presentation available.

In it, Lee poses a series of “Questions Every Martial Artist Must Ask Himself” that he intended to explore later as part of his development, but never lived to complete. This is a book every martial artist and Bruce Lee fan must have in their collection.

**Bruce Lee (1940–1973)** wrote extensively, synthesizing the thought of East and West into a unique personal philosophy of self-discovery. As an actor, Lee became a cultural icon; his groundbreaking action films sparked intense interest in the Asian martial arts in the West.

**John Little** is considered one of the world's foremost authorities on Bruce Lee, his training methods, and philosophies. Little was the first person authorized to review the entirety of Lee's personal notes, sketches, and reading annotations.





Many people remember Bruce Lee as a film star, and he was one of the greats. But among martial artists, he is much more than that—he is revered as a pioneer and the father of modern martial arts as we know them today—the man who single-handedly opened up new ways of studying and practicing the Asian martial arts.

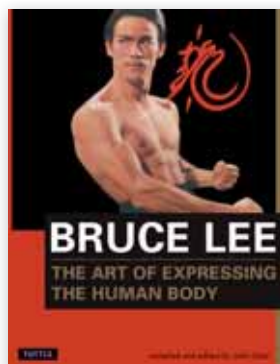
In the process, he revolutionized how we think about martial arts. Without him, martial arts would not have become as mainstream as they are now. Lee's philosophy of martial training and of leading a life devoted to the martial arts is an inspiration to everyone involved in physical combat—from military personnel to ultimate fighting champions to police officers.

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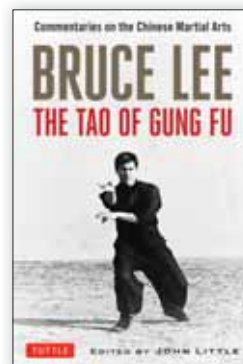
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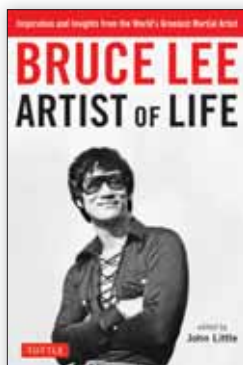
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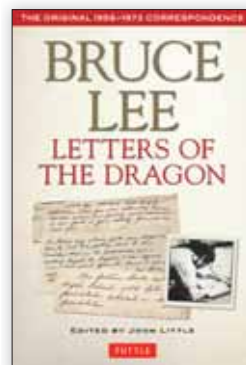
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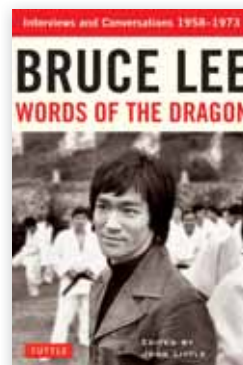
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## Chinese Children's Favorite Stories

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Mingmei Yip

*Chinese Children's Favorite Stories* is a charming selection of thirteen classic Chinese folktales retold by author and illustrator Mingmei Yip. Inspired by her father's nightly storytelling sessions when she was a child, Yip hopes that by retelling some of these thousand-year-old stories she can pass her love of Chinese folklore to a new generation of readers.

These beautifully illustrated tales give children a glimpse of the ancient wisdom of traditions and folk culture of China, while emphasizing universal lessons about kindness and overcoming obstacles in life. Readers will encounter many delightful characters—from an angry dragon to a wise cow—in stories such as:

- “The Dream of the Butterfly”—A sweet tale about accepting who you are and appreciating the world around you
- “Carp Jumping Over the Dragon Gate”—A popular story about the rewards of hard work
- “Playing the Qin for the Water Buffalo”—A tale that highlights empathy and understanding
- And many more!

Mingmei Yip's artwork is regularly featured in exhibits around the world—from Hong Kong to New York. At just 15, she was admitted to the prestigious Hong Kong Chinese Contemporary Artists' Guild, becoming its youngest member.





Finally, Zhuo Yi was so fed up that he left home. He decided to ask for advice from the Chinese Master of the Moon who lived on Kunlun Mountain. When he arrived there, however, he found that his master had been to some place very far away. Zhuo Yi searched for his master's pills, but he found the pills inside a stone and then...

Days and months passed. Zhang Yi became more and more lonely with his life on earth. There was no more all the beautiful music and dancing on Kunlun, the great land, and the way-the-day!

One day when Zhuo Yi was out hunting, Zhang Yi started to search for something to amuse himself with. Suddenly, he discovered the...



Zhuo Yi waved his hands this way and that, hoping that the beautiful wings would grow back from his long sleeves. But what he saw was nothing other than his long, heavy hands.

"What happened?" he cried. "How's it a butterfly's a minute ago?"

"Shua! Shua!" The butterfly wings rustled again, but this time they seemed to say: "Not yet!"

To calm himself, Zhuo Yi looked around the peaceful garden—at the leaves swaying in rhythm with the breeze, the peaches ripening on the trees, the water rippling on the pond, all the while listening to the pleasant song of the cicadas...

"Ah, who am I? Am I Zhuo Yi dreaming of being a butterfly, or am I actually dreaming of being Zhuo Yi?" Zhuo Yi pondered, and again he asked himself the same question. "Am I me, or am I a butterfly?"

Zhuo Yi felt into deep thought and then he began to understand—because he was Zhuo Yi or a beautiful butterfly, he could always enjoy the world of human around him.



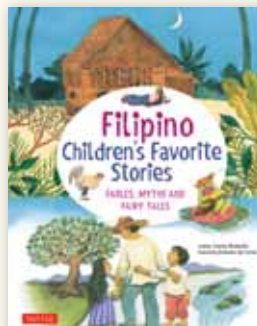
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Florence Sakade  
Yoshio Hayashi, illustrator

From singing turtles and flying farmers to a weeping dragon and rice bags that replenish themselves—readers of all ages will find engaging characters and moments of magic in these beloved Japanese tales. The stories in this collection include:

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- "The Dragon's Tears"—A story about first impressions, kindness and inclusivity

This book will provide many hours of pleasure for kids at bedtime and storytime. Kids (and adults!) of all ages will have the opportunity to learn about Japanese culture in a fun, accessible way.

Florence Sakade (1917–1999) was a pioneer of English language publishing in Japan. She was an experienced editor and the author of many favorites such as *Japanese Children's Favorite Stories*.

Yoshio Hayashi (1905–2010) was a popular illustrator, Director of the Japan Art Association and among the artists who founded the Japan Children's Painting Association.



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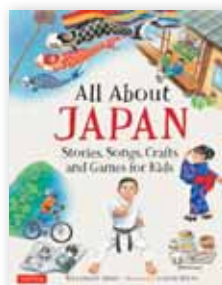
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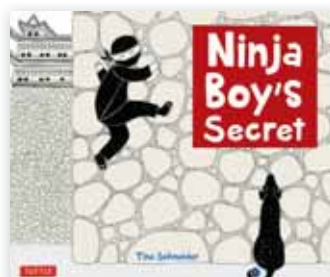
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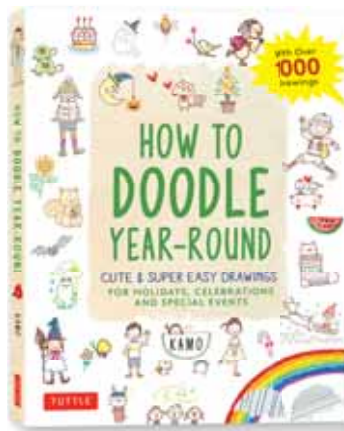
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Kamo presents all of her secrets to drawing freewheeling, lively and amusing doodles. There are no rules and no art-school techniques here. All you need is a free hand and a free spirit!

This book encourages young doodlers to pick up a pen and start drawing immediately. Doodles can be dashed off on scraps of paper or permanently enshrined on T-shirts, bookmarks, invitation cards and personalized gifts.

Kamo has worked as an artist for many years, drawing illustrations for books and advertisements and teaching illustration courses in Japan and internationally. She is the author of Tuttle's *How to Doodle Everywhere*, and *How to Draw Almost Every Day*.

**For more information see page 51.**

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Joel Stern

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Everything you need is included—60 sheets of folding paper and over 180 stickers. Kids will be proud to show off their own origami animal creations!

Here are just a few of the adorable animal models in this kit:

- Cheddar the Mouse—A cute and furry little farmhouse mouse
- Dusty the Dog—Add eye stickers to this faithful friend for an authentic shaggy sheepdog model
- Khloe the Kitty—A clever feline with extendible paws that can cling to a book or poster
- And many more!

This kit includes:

- 180+ colorful peel-off stickers
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- 17 different origami animals to fold

Joel Stern, the author of the bestselling *My First Origami Kit*, conducts origami workshops for kids of all ages and has exhibited his work around the world. He is an administrator for OrigamiUSA and Pacific Ocean Paperfolders.

**For more information see page 14.**



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Linda Hibbs  
Julia Laud, illustrator

*My First Book of Indonesian Words* introduces Indonesian language and culture to young children in a fun, playful way. The familiar ABC rhyming structure

combines with colorful illustrations to encourage the natural ability of children to easily pick up new concepts and vocabulary.

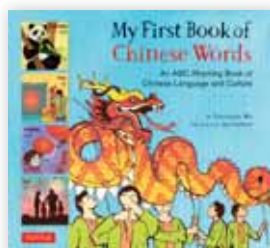
Words for things kids know in English (like *kucing*, for “cat”) are joined with words specific to Indonesian culture (*gamelan*, *batik*, *legong*), giving children insights into Indonesian culture and life. Everyday expressions—such as *Apa kabar?* which means “How are you?”—give them a chance to communicate in a foreign language and shows them that people in other cultures are just like them.

Cultural notes are added for parents, teachers and librarians to enhance the learning experience.

Linda Hibbs has taught Indonesian at the secondary and university levels for over two decades, and holds degrees in Indonesian language and ethnomusicology as well as a Master's degree in Asian Studies. She is the author of *All About Indonesia* and the *Indonesian Picture Dictionary*.

The digital illustrations for this book were created by Julia Laud for Caravan Studio. Founded in Indonesia in 2008, Caravan Studio specializes in creating illustrations, artwork for comic books, concept art and toy design.

## Also Available in the My First Book of Words Series



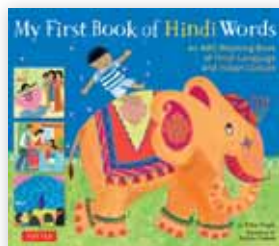
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The little tree worries that the blue bird won't love it anymore now that its colorful flowers are gone. However, the blue bird continues to care for the tree through every change, so much so that she makes her home within its branches—keeping the tree company for the rest of their lives.

Jin Bo is an award-winning children's book author and professor at Capital Normal University in Beijing.

Zhao Guangyu specializes in using mixed techniques for illustration, such as combining watercolor with a woodcut effect.

## A Blue Bird and Her Little Tree

*A Story in English and Chinese*

Jin Bo  
Zhao Guangyu, illustrator  
Yijin Wert, translator

After planting a seed, the blue bird returns to find a full-grown tree, admiring how it changes through every season of the year. At first, she is delighted by its bright flowers and beautiful green leaves, but as winter approaches, the leaves fall, leaving the little tree barren and cold.



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worse, it is soon picked up and transported to a dump, far away from the little panda cubs.

Imagine their surprise when they see a donkey walk past carrying a little red umbrella...just like the one they had! They set out on a quest to find their old friend and finally recovered the warmth, shelter and love the little red umbrella had always brought to their lives.

Bai Bing is an award-winning children's book author, member of the China Writers Association and the editor-in-chief of a well-known Chinese publishing company.

Li Hongzhuan is a professional book illustrator who currently lives in Beijing.

## The Umbrella Tree

*A Story Told in English and Chinese*

Bai Bing  
Li Hongzhuan, illustrator  
Yijin Wert, translator

On a windy day, panda siblings Guagua and Yaya decide to go on an adventure, setting out from under the shelter of their trusty old umbrella. However, when a wicked wind swipes the little red umbrella and tosses it high into a tree, the two pandas look up to see it shredded and out of their reach. Even



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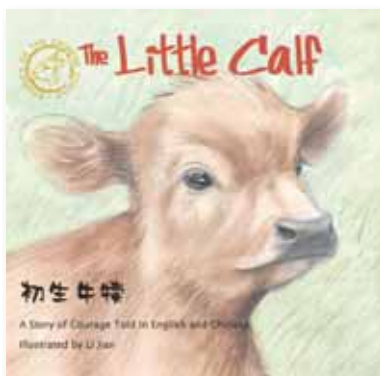
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### The Little Calf

*A Story of Courage Told in English and Chinese*

Dong Hu  
Li Jian, illustrator  
Yijin Wert, translator

Learn how the kind ox earned his place as one of the Chinese Zodiac Animals.

The little calf is very curious about the world, but hasn't experienced much of it in his young life.

When he and his mother begin to help the aging grandfather that lives next door to their farm, that changes. After a series of adventures and a lot of life lessons, the three happily celebrate Chinese New Year together.

This is a story about courage, diligence and being helpful. The "Cultural Explanation" section at the end of the book includes the characteristics of the people born in the year of Ox and the years they were born. It also includes an interesting Chinese idiom about the calf.

Li Jian is a former middle school art teacher and children's book editor. He currently owns his own illustration studio, focusing on children's fairy tales.



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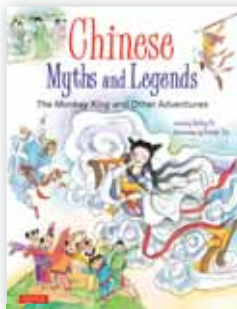
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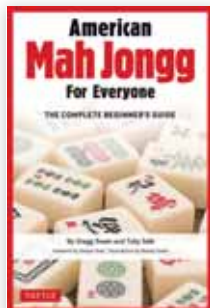
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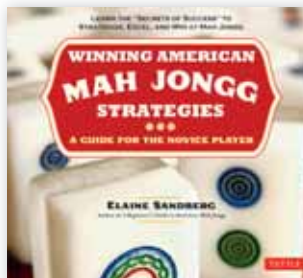


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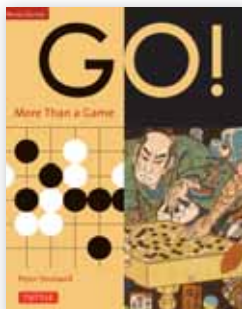


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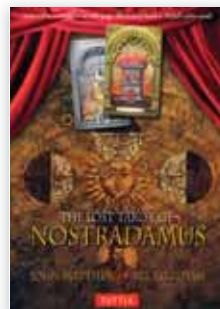
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